#### Santa Barbara County SELPA

#### Continuum of Mental Health Services

**Disclaimer:** This document is intended to illustrate how available mental health services constitute Least Restrictive Environment (LRE), inform IEP team determinations, and provide relevant referral information. This document is not intended to be limiting or predetermining of IEP planning needs.

#### Counseling (Individual) <45 min/wk

Considerations:

☐ Already attempted interventions to address presenting need in classroom setting

# Counseling (Individual) >45 min/wk

Considerations:

attempted <45 minutes/wk

#### Social Work Services

Considerations:

☐ School-based, community, or home setting

#### SBCSELPA Wrap

Considerations:

- ☐ In-home/community setting
- ☐ Referral form SELPA 28A

## If not effective enough...

As determined necessary AND all othe options exhausted...

#### Counseling (Group) <45 min/wk

Considerations:

☐ Already attempted interventions to address presenting need in classroom setting

#### Counseling (Group)

>45 min/wk

Considerations:

Already

attempted <45 minutes/wk

#### **GROW Classrooms**

#### TLP

Considerations:

■ E.D. classification

necessary

Referral form

JReterral torm SELPA 28B (Regional Program

Only)

#### TLP II

Considerations:

- E.D. classification necessary
- ☐ High school only☐ Off main campus
- Referral form
  SFI PA 28C
  - (Regional Program Only)

#### Nonpublic School (NPS) Day School

Considerations:

Outside SB

County /

**SELPA** 

Considerations:

Out of county

Nonpublic

School/

Residential

Treatment

Center

(NPS/RTC)

In-State

- ☐ 24-hour care ☐ Home visits
- and transition back to
- district of residence based on
- progress
  ☐ Referral form
  SELPA 28D

Nonpublic School/ Residential Treatment Center (NPS/RTC)

Considerations:

- ☐ Out of state☐ 24-hour care
- ☐ Home visits and

Out-of-State

- transition back to district of
- residence based on progress
- and/or graduation
- Referral form
  SFI PA 28D

#### Parent Counseling

Considerations:

☐ In addition to student's counseling

#### **Behavioral Supports**

(e.g., behavior consult, behavior intervention services, FBA, BIP)

# ssrestrictive

## Santa Barbara County SELPA Details Pertaining to the Continuum of Mental Health Services

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<b>Service/</b> CALPADS Code	Description	Location	Provider
Counseling (Individual) 510	One-to-one counseling with student, provided by a qualified individual* pursuant to an IEP.	S	District of Service or NPA
Counseling (Group) 515	Counseling in a group setting, provided by a qualified individual* pursuant to an IEP – may include social skills groups.		
Parent Counseling 520	Individual or group counseling provided by a qualified individual* pursuant to an IEP to assist the caregiver(s) of special education students in better understanding and meeting their child's needs; may include parenting skills or other pertinent issues.		
Social Work Services 525	Social Work services, provided pursuant to an IEP by a qualified individual*, including, but not limited to: preparing a social or developmental history of a child with a disability, group and individual counseling with the child and family, working with those problems in a child's living situation that affects the child's adjustment in school, and mobilizing school and community resources to enable the child to learn as effectively as possible in his or her educational program.	Home/ community setting	District of Service or NPA
SBCSELPA Wrap (supplemental support)	Intensive counseling and social work type supports carried out in various settings including school, home, and community. Wrap teams, comprised of a Facilitator and Youth Support Specialist, provide services directly to students/families, with 6-8 week referral review. This service should be listed under the "Supplemental Aids Services & Transportation" section of the student's IEP. No service code – Referral form: SELPA 28A.		SBCSELPA
TLP I Classroom	More restrictive educational setting in an intensive program for students with an emotional disability. No service code, regional program only – Referral form: SELPA 28B.	School building	Regional or Non- Regional
TLP II Classroom	More restrictive educational setting in an intensive program for students with an emotional disability– secondary only. No service code, regional program only – Referral form: SELPA 28C.	Standalone campus	
Nonpublic Schools	Day program. Service code: 540.	Out of county	NPS or NPS/RTC
	Residential Treatment Center in California. Referral form: SELPA 28D → Service Code: 545.	In-state	
	Residential Treatment Center outside of California. Referral form: SELPA 28D → Service Code: 545.	Out-of-state	
Provided through  Behavioral Supports	out all levels of restriction:  A systematic implementation of procedures designed to promote lasting, positive changes in the student's behavior resulting in greater access to a variety of community settings, social contacts, public events, and placement in the least restrictive environment – can be provided as an adjunct to other mental health services (e.g., behavior consult, behavior intervention services, FBA, BIP).	Determined by student's placement	District of Service or NPA