

Parent Role



- Participate in Individualized Education Program (IEP) meetings as an active participant
- Give consent for implementation of MH services via IEP
- Collaborate with district/LEA IEP team to meet student's MH IEP goals
- Communicate with student's special education case manager, MH service providers and psychologist ongoing

Who to Contact

See SBCSELPA website for district special education department contacts

- Child's IEP Case Manager
- School Psychologist
- District's Special Education office
- Santa Barbara County SELPA

Santa Barbara County School Districts/LEAs

(ask for the Special Ed./Educational Services Dept.)

Ballard School District	805-688-4222
Blochman Union School District	805-922-0334
Buellton Union School District	805-688-4222
Carpinteria Unified School District	805-684-7657
Cold Spring School District	805-964-4711
College School District	805-922-0334
Cuyama Joint Unified School District	661-922-0334
Family Partnership Charter School	805-348-3333
Goleta Union School District	805-681-1200
Guadalupe Union School District	805-343-2114
Hope School District	805-682-2564
Lompoc Unified School District	805-742-3300
Los Olivos School District	805-922-0334
Montecito Union School District	805-964-4711
Orcutt Union School District	805-938-8960
Santa Barbara County Education Office	805-964-4711
Santa Barbara Unified School District	805-963-4331
Santa Maria-Bonita School District	805-928-1783
Santa Maria Joint Union HS District	805-922-4573
Santa Ynez Valley Union HS District	805-688-4222
Solvang School District	805-688-4222
Vista del Mar Union School District	805-688-4222

MH Services In Santa Barbara County

For information regarding additional MH services from Santa Barbara County Behavior Wellness (Be Well) call Santa Barbara County Crisis Line:

1-888-868-1649
(Countywide)

**SBCSELPA
AB 114**

**Santa Barbara
County SELPA
Continuum of IEP
Mental Health (MH)
Services**

5385 Hollister Ave, Bldg. 7
Goleta, CA 93111
Tel. 805-683-1424
Fax 805-967-1960
www.sbcselpa.org



AB 114 IEP Mental Health Services

SBCSELPA oversees the provision of special education IEP mental health (MH) services in Santa Barbara County. In order to ensure the mental health needs of students are met, a continuum of MH service options is provided by school districts.

How SBCSELPA Ensuring the Provision of Mental Health Services

School Districts in Santa Barbara County SELPA ensure the provision of IEP MH related services to include: counseling and guidance, individual counseling, parent counseling, group counseling, social work wrap around Services, and school-based day treatment Therapeutic Learning Programs (TLPs – formerly CTEs), and school-based day treatment programs.

Continuum of Mental Health (MH) Services - Least Restrictive to more Restrictive

- ❖ Non IEP MH Intervention Groups
- ❖ **Non IEP Pre Referral MH Services**
 - Non IEP MH Individual or Group Counseling
 - School-wide Positive Behavior Support or Social Emotional Learning Programs
- ❖ **IEP Related Service**
 - Individual or Group Counseling (usually 45 minutes or less weekly)
 - Parent Counseling
 - Intensive “Wrap Around” Like Social Work or TBS Behavioral Services
- ❖ **IEP Educational Placement in *Therapeutic Learning Programs (TLPs) Level I***
 - Student spends a majority of their school day

in a therapeutic classroom setting that is located on a comprehensive public school campus.

- There is a MH therapist or school psychologist available to the program 15-20 hours or more of each week.
 - A BCBA level Behaviorist works in the program to address maladaptive student behaviors.
 - Students receive intensive individual and group MH therapy
 - Students engage in social emotional learning and social behavior curriculums
 - Students work within a *levels system* that is aligned to their current level of decision making and overall social-emotional functioning
- ❖ **IEP Educational Placement in *Therapeutic Learning Programs (TLPs) Level II***
- Student spends 100% of their school day in a highly structured, therapeutic classroom setting.
 - There is a MH therapist or school psychologist available to the program 30-40 hours or more per week.
 - A Board Certified Behavior Analyst (BCBA) level Behaviorist works in the program to address maladaptive student behaviors.
 - Students receive intensive individual and group MH therapy.
 - Students engage in social emotional learning and social behavior curriculums.
 - Students work within a *levels system* that is aligned to their current level of decision making and overall social-emotional functioning.
 - Students engage in community-based service and learning.
 - Intensive “Wrap Around” Like social work services are provided if the student is deemed at risk for an out of home MH placement.

❖ **IEP Placement in a Nonpublic School Residential Treatment Center (NPS RTC)**

- This is short term placement for students with severe emotional needs that assessment data indicates need a more restrictive, highly structure therapeutic setting out of the home in order to meet the student’s education needs (Santa Barbara County does not have any nonpublic day treatment programs).
- Mental health support is provided ongoing
- Parent counseling takes place weekly or every other week via phone conference or in person
- Student gradually transitions back to a less restrictive school setting – usually a TLP Level I or II classroom with intensive “Wrap Around” Like social work services.

Note:

- All school-based mental health services are provided by a licensed school psychologist or contracted mental health clinician (MFT, LCSW, or Clinical Psychologist)
- Intensive “Wrap Around” Like social work services are overseen by a licensed MH clinician and include specially-trained non-licensed team members.



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