



**SANTA BARBARA COUNTY SELPA
Community Advisory Committee (CAC)
Regular Meeting**

Monday, December 5, 2022

Public Session – 9:30 a.m.-11:30 a.m.

Sideways Inn, Vintage Hall

114 E. Hwy. 246, Buellton, California 93427

Via ZOOM – Meeting ID: 899 3392 3746

PUBLIC – Should you wish to attend the SBCSELPA CAC Meeting via Zoom please contact Lindsay MacDonald, SBCSELPA Office Manager, by Monday, December 5, 2022 at 9:00 a.m. to request Zoom Meeting Information and Login. Lindsay MacDonald can be contact via email, lmacdonald@sbcseelpa.org, or by calling the SBCSELPA Office at (805) 683-1424.

Agenda

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting or need this agenda provided in a disability-related alternative format, please contact the SELPA Office at 683-1424. Prompt notification will assist the SELPA to make suitable arrangements.

PUBLIC COMMENTS ARE WELCOME

The Santa Barbara County SELPA Community Advisory Committee (CAC) will receive public comments about items appearing on today's agenda, as well as other matters within the subject matter jurisdiction of the CAC. All such comments will be received during the Public Comments section of the agenda. Individuals who address the CAC are limited to three (3) minutes to speak on any item and a total of 10 minutes on all items for their presentation. The CAC may limit the total time for all public comment to 30 minutes. Persons needing additional time are requested to submit the information in writing.

For comments concerning matters not on the agenda, open meeting laws and fairness to other residents who may have an interest in your topic prohibit the CAC from taking action or engaging in extended discussion of your concerns. The CAC may direct staff to meet at a later date with speakers who have specific concerns or needs. The CAC may also direct that an issue be placed on a future agenda for discussion and consideration. This permits the CAC and staff members to prepare and receive necessary information and for the public to be aware that a topic is being formally considered. We appreciate your cooperation.

Forms are available from the SELPA Coordinator for requests to address the CAC. Persons wishing to make public comments are requested to complete the appropriate form and return it to the SELPA Coordinator.

I. PUBLIC SESSION

A. Call to Order

B. Roll Call (*CAC Member Introductions – share a funny, cringy holiday memory*)

C. Flag Salute

D. Welcome Guests

II. PUBLIC COMMENTS

Please refer to information in the first section of the agenda above.

III. APPROVAL OF ADDITIONAL EMERGENCY ITEMS

(Government Code Section 54954.3(b)(2))

IV. CONSENT AGENDA ITEMS

A. Minutes of October 3, 2022 Regular Meeting

REF: IV-A

- Questions from October 3, 2022 CAC Meeting

It is recommended that the Consent Agenda Item A be approved as presented.
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Motion: _____

Second: _____

In Favor: _____

Opposed: _____

Abstained: _____

V. ITEMS SCHEDULED FOR INFORMATION/ DISCUSSION /ADVISEMENTA. **SBCSELPA 2022-2023 Professional Development Calendar/Offerings**

REF: V-A

1. SBCSELPA Professional Development Offerings Booklet
(Updated November 2022)

B. **SBCSELPA JPA Board Meeting Minutes**

REF: V-B

1. October 3, 2022 JPA Board Regular Meeting

C. **2023 SELPA-Bratton Announcement & Information**

REF: V-E

- February 6, 2023 CAC Meeting – review ballots, voting in-person
- Ballots to be shared to committee before February 6, 2023 meeting

D. **2022-2023 CAC Project Discussion**

- **Options:** Dispute Resolution Parent Friendly Brochure, Family Trainings (*CAC led training? Or Consultant share and then add to info. sheet?*)

VI. PRESENTATIONA. **Self-Care Reconsidered****Presenter: Alison Lindsey, SBCSELPA Mental Health Manager****VII. MISCELLANEOUS AGENDA ITEMS**A. **CAC Member Sharing** (*Parent & Professional Positive Story Sharing*)B. **Resource Sharing – Megan Tice:** <https://www.seedandsew.org/>C. **Next Scheduled CAC Meeting:****Date:** Monday, February 6, 2022**Time:** 9:30 a.m. – 11:30 a.m.**Location:** Sideways Inn, Vintage Hall, Buellton, CA & Via Zoom**VIII. ADJOURNMENT**

Motion: _____

Second: _____

In Favor: _____

Opposed: _____

Abstained: _____



SANTA BARBARA COUNTY SELPA
Community Advisory Committee (CAC)
Regular Meeting
Monday, October 3, 2022
Public Session 9:30 a.m. – 11:30 a.m.
Sideways Inn, Vintage Hall
114 E. Hwy. 246, Buellton, California 93427
Via ZOOM – Meeting ID: 864 3360 0154
Minutes

Members Present: Sylvia Adame (virtual)
 Nathan Dunlap
 Yesenia Hernandez (virtual)
 Ashley Johnson (virtual)
 Lisa Kuzma Crick (virtual)
 Kristen Lindquist (virtual)
 Chantal Martinez (virtual)
 Sheila McGuire (virtual)
 Lauren Sparks
Billy Silvola, Vice Chair (virtual)
Megan Tice, Chairperson
 Tanya Wahlquist
 Kristen Walker (virtual)

Members Absent: Andrea Groppetti
 Cynthia Ireland
 Elizabeth Servin
 Sharie Strasburge
 Lea Suazo
 Deanna Uc

Others Present: Jennifer Connolly
 Lindsay MacDonald (virtual)

I. PUBLIC SESSION

A. Call to Order

Megan Tice, Chairperson, called the meeting to order at 9:34 a.m.

B. Roll Call

Megan Tice introduced this item and shared how the group would proceed for this first meeting of the year. Megan requested that as Lindsay MacDonald calls your name, we will then pause and you can introduce yourself, share the district you are representing and something “cool” about yourself; Megan went first and the rest of the attendees followed.

C. Flag Salute

Megan Tice led the assembly in the Pledge of Allegiance.

D. Welcome Guests

Megan Tice greeted everyone and confirmed there were no additional guests present at the meeting.

E. Review the layout of the meeting agenda and how to use the Padlet to find agenda items

Megan Tice introduced this item, sharing that she is the new CAC Chairperson, and she will be leading the meeting today and going forward. For this meeting Jennifer Connolly, SBCSELPA Coordinator, will take the committee through the SELPA updates and related items on the agenda. Megan shared that Billy Silvola is the new Vice Chairperson and so he would lead the meeting in her absence, if necessary. Lastly, Jennifer reviewed the padlet and its features capabilities and general navigation of the agenda items on the padlet. The Committee was satisfied; there were no questions or comments.

SBCSELPA CAC
MINUTES OF OCTOBER 3, 2022 REGULAR MEETING

II. **PUBLIC COMMENTS**

There were no public comments.

III. **APPROVAL OF ADDITIONAL EMERGENCY ITEMS**

There were no emergency items presented.

IV. **CONSENT AGENDA ITEMS**

A. Minutes of April 11, 2022 Regular Meeting

Recommendation: The CAC approve Consent Agenda Item A as presented.

Jennifer Connolly reviewed the minutes, highlighting the parent tool kit that the last year CAC created and the presentation by Ray Avila, SBCSELPA Executive Director, he did an overview of the last school year. Lastly, she shared about Legislative Day. CAC was satisfied; there were no questions or comments.

Motion to Approve: Billy Silvola **Second:** Nathan Dunlap

Vote: 13 – 0. The motion passed with CAC Representatives Sylvia Adam, Nathan Dunlap, Yesenia Hernandez, Ashley Jamie Johnson, Lisa Kuzma Crick, Kristen Lindquist, Chantal Martinez, Sheila McGuire, Lauren Sparks, Billy Silvola, Megan Tice, Tanya Wahlquist, and Kristen Walker voting in favor; none opposed and no abstentions.

V. **ITEMS SCHEDULED FOR INFORMATION/DISCUSSION/ADVISEMENT**

A. Brown Act Education – Brown Act & Robert’s Rule Presentation

Presenter: Jennifer Connolly, SBCSELPA Coordinator

Jennifer Connolly shared a presentation on the Brown Act & Robert’s Rules, an overview of how the meeting is run and how the voting is conducted, she shared the basic premise behind the CAC voting and structure. Specifically, the presentation included information on the CAC Board meeting structure; the Brown Act as it relates to the agenda; basic Brown Act Rules; and how disruption of a meeting is handled. Next, Jennifer reviewed Robert’s Rules, which is a set of rules/procedures for conduct. Additionally, Jennifer reviewed what a quorum / Call to Action is; Motion discussion / etiquette; how to withdraw a motion; voting rules; and meeting closure. The Committee was satisfied; there were no questions or comments.

B. What is SELPA – Santa Barbara County SELPA Presentation

Presenter: Jennifer Connolly, SBCSELPA Coordinator

Jennifer Connolly shared a presentation about who the SELPA is. Topics covered in the presentation included the following: What is the SELPA; SELPAs support; what SELPAs ensure; Compliance; and listed all the districts/programs that makeup the Santa Barbara County SELPA. Lastly, Jennifer shared information about SBCSELPA which included the office location, current SBCSELPA staff; SBCSELPA Executive Director and Coordinator duties and responsibilities; reviews what the Local Plan and Procedural Handbook are; support and coordinate networking and collaboration; programs and supports offered; continuum of mental health services; SBCSELPA mental health staff; WRAP services; GROW program; NPS placement; NCPI training; ADR – Alternative Dispute Resolution; SBCSELPA staff specialists; Audiology; AT/AAC specialist services; professional development offerings; and miscellaneous resources. The Committee was satisfied; there were no questions or comments.

SBCSELPA CAC
MINUTES OF OCTOBER 3, 2022 REGULAR MEETING

V. ITEMS SCHEDULED FOR INFORMATION/DISCUSSION/ADVISEMENT (continued)

C. CAC Role and Purpose – Local Plan §2402

1. SBCSELPA 2021-2022 Professional Development Offerings Booklet (Updated April 2022)

Megan Tice reviewed this item and the CAC role and purpose as outlined in the SBCSELPA Local Plan. The Committee was satisfied; there were no questions or comments.

D. CAC Composition of Membership – Local Plan §2403

Megan Tice reviewed this item and the CAC membership composition as outlined in the SBCSELPA Local Plan. The Committee was satisfied; there were no questions or comments.

E. Review of CAC current membership/demographics

Megan Tice reviewed this item and highlighted the current CAC membership list, pointing out areas that are lacking representation and need someone. The Committee was satisfied; there were no questions or comments.

F. CAC Brochure, Informational Flyer, and Meeting Schedule

Megan Tice introduced this item and commented about what a great resource this is, a concise document explaining the CAC, includes meeting schedule, in both English and Spanish. Staff is encouraged to share it with parents. The Committee was satisfied; there were no questions or comments.

G. SBCSELPA 2022-2023 Professional Development Offerings Booklet

- PD Calendar & OMS (*Where to locate on SELPA website*)

Jennifer Connolly introduced this item and shared some upcoming exciting trainings that will be happening soon. The Committee was satisfied; there were no questions or comments.

H. SBCSELPA Brochure and Website (*tour website*)

- <https://www.sbcselfpa.org/>

Jennifer Connolly introduced the brochure and did a brief tour of the new website, highlighting the major headings on the website and what is located where. The Committee was satisfied; there were no questions or comments.

I. 2022-2023 CAC Project Discussion

- **CAC Projects Padlet –**
https://padlet.com/mslaterselpa4200/CAC_Annual_Projects
- **Past Projects:** Brochures, IEP Help Sheet, Turning 3 Transition Booklet
- **Ideas:** Dispute Resolution Parent Friendly Brochure, Family Trainings (*CAC led training? Or Consultant share and then add to info. sheet?*)

Megan Tice introduced this item and shared with the group previous projects that CAC has done in the past and asked the group if they had any ideas for a project for the year. Tanya Wahlquist suggested something that will offer information about dispute resolution, especially because of where we are at with the pandemic, etc. The group comments supported this suggestion. The group had an open forum of discussion and bounced several ideas back and forth. In conclusion, Jennifer suggested we all think about the ideas that have been suggested and when they meet again in December make a decision on the final project, everyone agreed with this suggestion. The Committee was satisfied; there were no questions or comments.

SBCSELPA CAC
MINUTES OF OCTOBER 3, 2022 REGULAR MEETING

V. ITEMS SCHEDULED FOR INFORMATION/DISCUSSION/ADVISEMENT *(continued)*

J. Presentations for the 2022-2023 year

- December 2022: ADR Cadre Presentation
- February 2023: CAPTAIN – Autism
- April 2023: SELPA Updates

Jennifer Connolly introduced and reviewed this agenda item with the Committee. The Committee was satisfied; there were no questions or comments.

K. SBCSELPA JPA Board Meeting Minutes

1. March 7, 2022 JPA Board Regular Meeting
2. April 12, 2022 JPA Board Special Meeting
3. May 2, 2022 JPA Board Regular Meeting
4. June 6, 2022 JPA Board Regular Meeting
5. August 5, 2022 JPA Board Regular Meeting

Jennifer Connolly introduced and reviewed this agenda item with the Committee. The Committee was satisfied; there were no questions or comments.

VII. MISCELLANEOUS AGENDA ITEMS

A. CAC Member Sharing *(Parent & Professional Positive Story Sharing)*

B. Next Scheduled CAC Meeting: December 5, 2022, 9:30 - 11:30 a.m.
Location - Sideways Inn, Vintage Hall, Buellton &/or Via Zoom

VIII. ADJOURNMENT

Nathan Dunlap motioned for adjournment and Billy Silvola seconded the motion to adjourn the meeting at 11:27 a.m. The motion passed unanimously; none opposed and no abstentions.

SBCSELPA CAC
MINUTES OF OCTOBER 3, 2022 REGULAR MEETING

ZOOM MEETING INFORMATION:

Topic: October 2022 CAC Meeting

Time: Oct 3, 2022 09:30 AM Pacific Time (US and Canada)

Join Zoom Meeting

<https://us06web.zoom.us/j/86433600154?pwd=VW9VM2cvYm5oU05lK2ptV2RCb08yZz09>

Meeting ID: 864 3360 0154

Passcode: 565257

One tap mobile

+16694449171,,86433600154#,,, *565257# US

+17193594580,,86433600154#,,, *565257# US

Dial by your location

+1 669 444 9171 US

+1 719 359 4580 US

+1 720 707 2699 US (Denver)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 309 205 3325 US

+1 312 626 6799 US (Chicago)

+1 386 347 5053 US

+1 564 217 2000 US

+1 646 558 8656 US (New York)

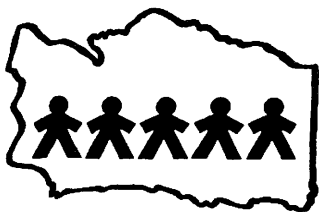
+1 646 931 3860 US

+1 301 715 8592 US (Washington DC)

Meeting ID: 864 3360 0154

Passcode: 565257

Find your local number: <https://us06web.zoom.us/j/86433600154?pwd=VW9VM2cvYm5oU05lK2ptV2RCb08yZz09>



Santa Barbara County
Special Education Local Plan Area
 A Joint Powers Agency

Date: December 5, 2022

To: SBCSELPA Community Advisory Committee (CAC)

From: Jennifer Connolly, SBCSELPA Coordinator

Re: December 2022 & January 2023 Professional Development Calendar

BACKGROUND:

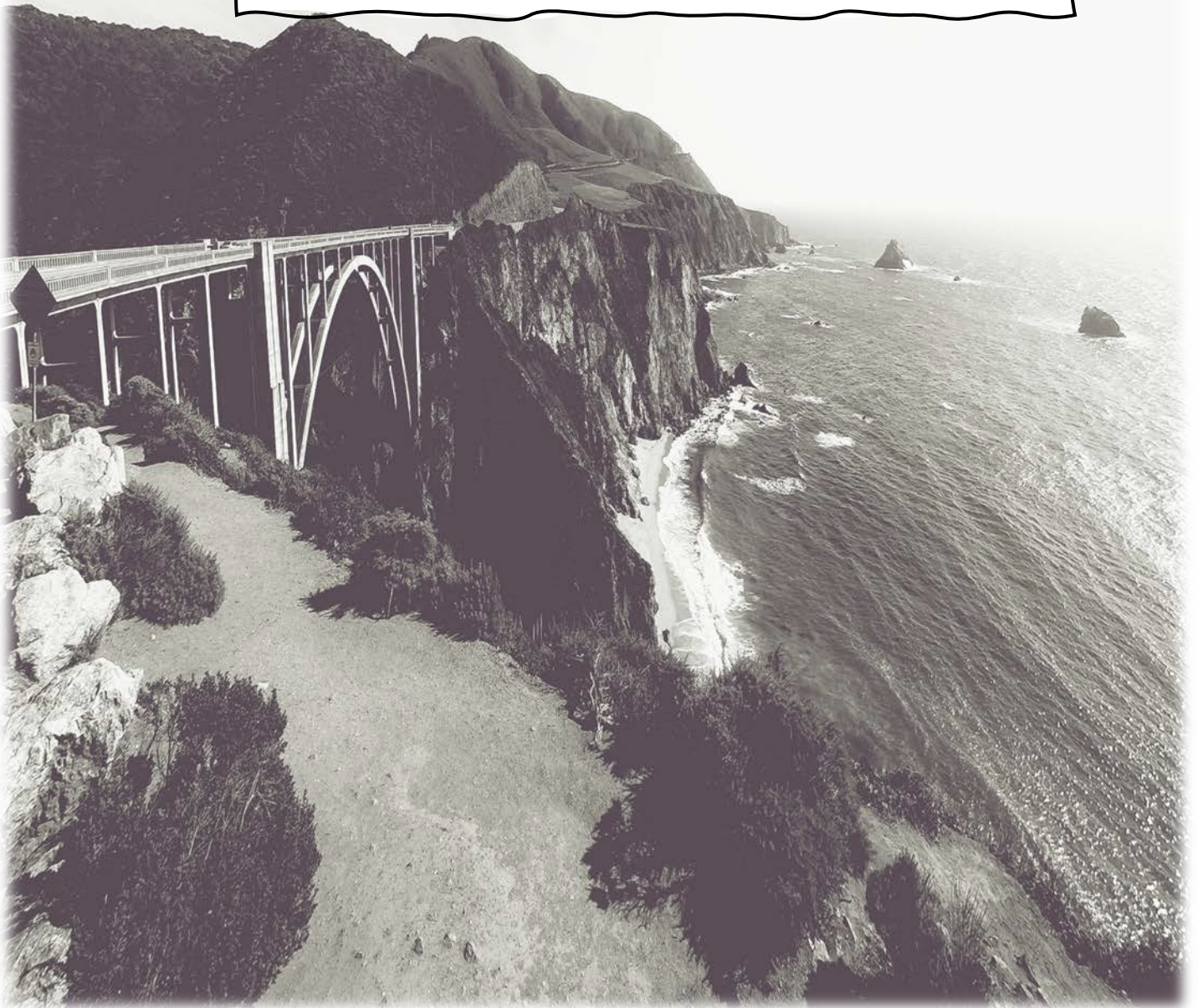
- December 2022 & January 2023 Professional Development Offerings to Santa Barbara County.
- To Register for events, go to <https://sbcselpa.k12oms.org>

December 2022				
Date/ Time/Location	Name of Event	Presenter	Virtual/ In person/ Audience	Free/ Cost
December 1, 2022 1.25 Hours Virtual	Diagnostic Center of Southern California Multisensory Math! What is it & Why is it Important?	Heather Barakat	Virtual Audience: General Education & Special Education teachers, Administrators, Paraeducators	Free
December 5, 2022 3-4pm Virtual	SIRAS Office Hours	Jennifer Connolly	Virtual Same link for all meetings Audience: All Staff	Free
December 8, 2022 8:30am-3:30pm SMB Souza Center	Assistive Technology Day 4 of Series	SBCSELPA AT Team with support of Placer County SELPA	In Person/SMB Souza Center Audience: Leadership teams, School Psychologists, Education Specialists	Free
December 9, 2022 8:30am-9:30am Virtual	SIRAS Forms Committee	Jennifer Connolly	Virtual Audience: Forms Committee	Free
December 12 or December 14, 2022 4-5pm Virtual	Engaging in Challenging Relationships (Coaching)	Greg Abell and Carlo Rossi	Virtual Audience: All Staff	Free

December 13, 2022 8:30-9am Virtual	School Psychologist Network	Jennifer Conolly	Virtual Audience: CCASP, School Psychologists, Leadership	Free
December 15, 2022 2-3pm Virtual	Speech and Language Network	Jennifer Connolly	Virtual Audience: Speech & Language, Leadership	Free
TBD	Adapted P.E. Training			Free
January 2023				
Date/ Time/Location	Name of Event	Presenter	Virtual/ In person/ Audience	Free/ Cost
January 10, 2023 1:30 – 3:30 p.m. Guadalupe	Trauma & the Brain/Body Connection, Part 2	Alison Lindsey, SBCSELPA	In Person Guadalupe	Free
January 11, 2023 1 – 3 p.m. Virtual	SIRAS Updates with Michael Brown Updates, State Testing, Accommodations, Transition	Michael Brown	Virtual Audience: All Staff, Junior High, and High School for Transition Topic	Free
January 18, 2023 8:30 a.m. – 12:30 p.m. Virtual Live	ADR Abell & Rossi	Greg Abell & Carlo Rossi	Virtual In-Person South County SBCSELPA North County Zoom	Free
January 18, 2023 3:15 -4:45 p.m. Virtual SBCSELPA & SLO SELPA	Supporting Medically Fragile Students Network	SBCSELPA & SLO SELPA	Virtual Audience: Teachers & Related Services of Medically Fragile Students	Free
January 23 or January 25, 2023 4 -5 p.m. Virtual	Engaging in Challenging Relationships (Coaching)	Greg Abell and Carlo Rossi	Virtual Audience: All Staff	Free
January 24, 2023 4 -3 p.m. Virtual	Transition Network Team (TNT) Meeting	Jennifer Connolly	Virtual Audience: TNT	
January 26, 2023 8:30 a.m. -3:30 p.m. SMB Souza Center	NCPI – Initial	David Ibsen Phil Pandac	In-Person / SMB Souza Center	

January 26, 2023 1:30 -3:00 p.m. Virtual	Behavior: Essential 10, Day 4: Teaching Strategies and Materials and Reinforcement	TBD, PENT Team	Virtual Audience: All Staff	Free
January 30, 2023 3:00 – 4:00 p.m. Virtual	SIRAS Office Hours	Jennifer Connolly	Virtual Same link for all meetings Audience: All Staff	Free
January 31, 2023 3:00 – 4:00 p.m. Virtual	OT Network	Jennifer Connolly Lisa Foote	Virtual Audience: Countywide OTs	Free

Santa Barbara County SELPA
Professional Development Offerings
2022-2023
November 2022



Professional Development Offerings

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Santa Barbara County Special Education Local Plan Area SELPA

The Santa Barbara County Special Education Local Plan Area (SBCSELPA) is a Joint powers Agency mandated to govern and facilitate special education programs administered by the Local Education Agencies (LEAs)/school districts within Santa Barbara County.

Santa Barbara County Special Education Local Plan Area (SBCSELPA) provides an array of services to the 20 school districts and 4 charter schools throughout Santa Barbara County. These services include the following:

- Oversight and case management for students placed in residential treatment nonpublic schools (NPSs).
- Wraparound social work services.
- Coordination of student mental health IEP related services and NPS placements for LEAs.
- Provides BCBA behavioral consult services to LEAs.
- Provides educational audiologist consult services to LEAs.
- Coordinates with private schools for the support of Child Find and Individual Service Plans (ISPs).
- Allocates funding for special education services.
- Providing training opportunities for LEA staff, parents, and community.
- Allocates and manages low incidence equipment and services funding.
- Develops and governs Local Plan special education policy and procedures for participating LEAs.
- Engages in interagency agreements with agencies such as Tri-Counties Regional Center and California Children's Services (CCS).
- Establishes a Community Advisory Committee (CAC) that advises the governing board and assists in parent and school education.
- Provides Medical Therapy Units (MTUs) for CCS.
- Provides Alternative Dispute Resolution (ADR) to LEAs/ districts and parents/guardians.
- Provides advisement specific to federal and state special education law.
- Provides advisement from State SELPA.
- Maintains the Local Plan, Procedural Handbook, and website www.sbcselpa.org for Santa Barbara County SELPA.

The Law

The Individuals with Disabilities Education Act (IDEA) and California special education laws guarantee all students with disabilities a Free, Appropriate Public Education (FAPE) in the least restrictive environment. The SBCSELPA and its member districts do not discriminate based on race, color, national origin, religion, sex, or disability in educational programs and activities or employment practices, as required by Title 6 of the Civil Rights Act of 1964, Title 9 of the Educational Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973.

Child Find

Special education programs are available to all eligible students with disabilities, ages 0-22 in Santa Barbara County. The Child Find mandate applies to all children who reside within a State, including children who attend private schools and public schools, highly mobile children, migrant children, homeless children, and children who are wards of the state. (20 U.S.C. 1412(a)(3)) This includes all children who are suspected of having a disability, including children who receive passing grades and are "advancing from grade to grade.

All individuals with disabilities residing in the state, including pupils with disabilities enrolled in Elementary and Secondary schools and Private schools, including parochial schools, regardless of the severity of their disabilities, and in need of special education and related services, will be identified, located, and assessed as required in each district. SBC SELPA, in partnership with the local school districts and county office shall establish written policies and procedures for screening, referral assessment, identification, planning, implementation, review, and three-year triennial assessment for all children who reside in the State of California who are suspected of having a disability. Section 1412 of Title 20 of the U. S. Code.

District Special Education Programs

Adelante Charter School	805-966-7392
Ballard School District	805-688-4222
Blochman Union School District	805-922-0334
Buellton Union School District	805-688-4222
Carpinteria Unified School District	805-684-7657
Cold Spring School District	805-964-4711
College School District	805-922-0334
Cuyama Joint Unified School District	805-922-0334
Family Partnership Charter School	805-686-5339
Goleta Union School District	805-681-1200
Guadalupe Union School District	805-343-2114
Hope School District	805-682-2564
Lompoc Unified School District	805-742-3300
Los Olivos School District	805-688-4222
Manzanita Public Charter School	805-734-5600
Montecito Union School District	805-964-4711
Orcutt Union School District	805-938-8960
Santa Barbara Charter School	805-967-6522
Santa Barbara Unified School District	805-963-4331
Santa Maria Bonita School District	805-928-1783
Santa Maria Joint Union High School District	805-922-4573
Santa Ynez Valley Union High School District	805-688-4222
Solvang School District	805-688-4222
Vista del Mar Union School District	805-688-4222

About SBCSELPA Professional Development Offerings

Professional Development Offerings are created from feedback of countywide staff input from a yearly survey, CDE targets in Special Education Plans (SEPs), and direct input from countywide Special Education Director and Local Education Agency (LEA) District Leadership. Each year, the Professional Development offerings are reviewed/revised with District and County Special Education Leadership and staff to ensure all topics emphasize student, district, and the overall Santa Barbara County needs. Presenter (s), dates/times, and locations are subject to change based on staff attendance and venue availability.

How to Schedule a Professional Development Offering

Mini Professional Development Offerings individualized to each district request.

1. Districts: contact Jennifer Connolly at jconnolly@sbcseelpa.org to request the Professional Development topic.
 - Propose dates/time, and location of training.
 - Requests must be in writing via email, received a month in advance.
2. The presenter(s) to be contacted by Jennifer Connolly with the Professional Development topic (s) and proposed dates. Presenter (s) will affirm date, location, and time.
3. Districts will receive confirmation of Professional Development date (s), location, and presenter name (s) and presenter (s) contact information within five business days of the request.
4. The Professional Development event to be added to the SBCSELPA Online Management System, OMS calendar for tracking purposes.
5. Attendance: Participants of the Mini Professional Development events do not have to register on OMS.
6. For Nonviolent Crisis Prevention Intervention (NCPI) contact Alison alindsey@sbcseelpa.org

District Special Education Director or Leadership team encourages participants to attend events. District Special Education Director or Leadership team to confirm number of attendees with presenter (s) for handouts.

6. Presenter (s) subject to change due to unforeseen emergencies.
7. District venues subject to change due to number of participants for Professional Development.
8. If more than one district requests the same topic on the same day, event may include more than one district.

Large Professional Development Offerings for North, Mid, South County

1. Access the SBCSELPA OMS system at <https://sbcseelpa.k12oms.org/>.
2. If registrant does not have an account, create an OMS account.
3. Select the link on the calendar and complete the registration.
4. No Phone Registrations.

2022-2023 Professional Development Calendar of Events by the Month

To Register go to <https://sbcselpa.k12oms.org/>

August

August				
Date/ Time/Location	Name of Event	Presenter	Virtual/ In person / Audience	Free/ Cost
August 3, 2022 8:30-3:00 SMJUHSD	GROW	Alison Lindsey Rosy Bucio	SMJUHSD/In person	Free
August 5, 2022 8:30-3:00 Lompoc USD	GROW	Alison Lindsey Rosy Bucio	Lompoc/In Person	Free
August 10, 2022 10:00-3:30 SYVSEC	GROW	Alison Lindsey Rosy Bucio	Santa Ynez Valley Consortium/In Person	Free
August 11, 2022 8:30-10:30 Virtual	SIRAS MIS Clerk Training	Michael Brown SIRAS Systems	Virtual Audience: MIS Clerks working with data in IEPs. Beginners training	Free
August 15, 2022 8:30-3:00 SBUSD	GROW	Alison Lindsey Rosy Bucio	SBUSD/In person	Free
August 15, 2022 3:00-4:30 Virtual	SIRAS Beginners Training with Michael Brown	Michael Brown, SIRAS Systems	Virtual Audience: All Staff	Free
August 16, 2022 9:00-10:30 Virtual	A New Lens on Behavior	Rosy Bucio	Virtual Audience: All staff and NPA/S Certification	Free
August 16, 2022 1:30-3:00 Virtual	Diagnostic Center of Southern California	Margot Johnson	Virtual/Recorded Audience: General Education and Special Education teachers, Paraeducators, Behavior	Free

	Dynamic Duo! Terrific Trio! Effectively Teaming with Paraeducators to Support Students		Specialists, SLPS, Service Providers, Administrators 1.5 hours Watch with your teams	
August				
August 18, 2022 8:00-4:00 Goleta USD	GROW	Alison Lindsey Rosy Bucio	Goleta USD/In Person	Free
August 18, 2022 8:30-3:30 SMB Souza Center	NCPI- Initial	Bethany Schacherer Jennifer Connolly	SMB Souza Center/ In person Audience: All Staff	Free
August 23, 2022 8:30-11:30 Virtual	SIRAS Fall 1 for CALPADS/ MIS Clerks	Brian Marcontell, SIRAS Systems	Virtual Audience: CALPADS and MIS Clerks, Leadership	Free
August 24, 2022 8:30-3:30 Hope SD	NCPI- Refresher	Rosy Bucio Alison Lindsey	Hope/In Person	Free
August 24, 2022 9:00-10:30 Virtual	Behavior Data Collection	Phil Pandac	Virtual Audience: All staff and NPA/S Certification	Free
August 25, 2022 8:30-3:30 SBCSELPA	NCPI- Refresher	Alison Lindsey Natalie Facio-Leon	SBCSELPA/In Person Audience: All Staff	Free
August 26, 2022 9:00-10:30 SBCEO North	Managing Classroom Behavior	Phil Pandac	SBCEO North/In Person	Free
August 29, 2022 3:00-4:00 Virtual	SIRAS Office Hours	Jennifer Connolly	Virtual: Same link monthly Audience: All staff	Free
August 30, 2022 8:30-3:30 Virtual	MIGDAS-2: Autism Evaluations to	Marilyn Monteiro, PhD.	Registration: https://pages.wpspublish.com/live-training-august	Free

	Process Individualized School-Based Assessment Across Age and Ability Levels		Audience: School Psychologists, Education Specialists, Leadership	
August 30, 2022 2:00-3:00 Virtual	Transition Network Team (TNT) meeting	Jennifer Connolly	Virtual Audience: TNT Network	Free



Ballard School House

BACK 2 SCHOOL!!!

This Professional Development Offerings Booklet is updated monthly

2022-2023 Professional Development Calendar of Events by the Month

To Register go to <https://sbcselpa.k12oms.org/>

September

National Guide Dog Month

International Day of Sign Language, September 23

International Week of the Deaf, September 20-27

September				
Date/ Time/Location	Name of Event	Presenter	Virtual/ In person/ Audience	Free/ Cost
September 1, 2022 2:00-3:00 Virtual	SIRAS for Beginners	Jennifer Connolly	Virtual Audience: All Staff	Free
September 6, 2022 1:00-3:00 Virtual	SIRAS Updates with Michael Brown	Michael Brown, SIRAS Systems	Virtual Audience: All Staff	Free
September 8, 2022 8:30-3:30 SMB Souza Center	NCPI- Refresher	Billy Headrick David Ibsen	SMB Souza Center/ In Person Audience: All Staff	Free
September 8, 2022 3:00-4:00 Virtual	Building Systems that Support Struggling Readers and Students with Dyslexia	Sharon Vaughn, Ph.D- offered by Sacramento COE, project lead for CA Dyslexia Initiative	Virtual- registration through SCOE https://scoe.gosignmeup.com/ public/Course/ browse?courseid=12236 *Participant may need to create a free account with SCOE.	Free
September 8, 2022 5:30-7:30 Virtual	Refresh Summit: Early Start to Preschool Summit with Alpha Resource FRC and Community Partners	Part C to B Committee	Virtual Audience: Educators, Leadership, Agency Partners	Free

September				
September 13, 2022 2:30-3:30 Virtual	AT Orientation to the Open Access Flip Kit	Lisa Foote	Virtual Audience: All Staff, Gen Ed.	Free
September 14, 2022 9:00-10:30 Virtual	Proactive Behavior Strategies	Phil Pandac	Virtual/for all staff and NPA/S Cert.	Free
September 15, 2022 8:30-3:30 SBCSELPA	NCPI- Initial	Joe Isaacson Jermaine Powell	SBCSELPA/In Person Audience: All Staff	Free
September 15, 2022 9:00-10:30 SBCEO North	SBCEO Writing a BIP	Phil Pandac	SBCEO North/ In Person	Free
September 15, 2022 2:00-3:00 Virtual	Speech and Language Network Meeting	Jennifer Connolly	Virtual/ SLPs	Free
September 16, 2022 1:00-4:00 In Person SMBSD Souza Center	Patterns of Strengths and Weaknesses/ XBASS	Dr. Vincent Alfonso	Hosted by Santa Maria Bonita SD Contact: Kristen MaKena kmakena@smbdsd.net or Amber Walz awalz@smbdsd.net	Free
September 16, 2022 8:30-9:30 Virtual	SIRAS Forms Committee	Jennifer Connolly	Virtual Audience: Forms Committee	Free
September 19, 2022 2:45-4:00 Virtual	What are Evidence Based Practices for Autism?	Rosy Bucio, CAPTAIN RIL	Virtual Audience: All Staff	Free
September 19, 2022 3:00-4:00 Virtual	SIRAS Office Hours	Jennifer Connolly	Virtual Same link for all meetings Audience: All Staff	Free

September 20, 2022 8:30-9:00 Virtual	School Psychologist Network Meeting	Jennifer Connolly	Virtual Audience: CCASP, Leadership, School Psychologists	Free
September				
September 20, 2022 9:00-12:00 SBCSELPA	Transition to Adulthood Day 1 of Series	Jeannine Forslund Kristy Van Horn Jennifer Connolly	In Person/SBCSELPA Audience: All Staff of Junior HS and HS.	Free
September 20, 2022 9:00-10:30 Virtual	Supporting Students with Behavioral Needs	Rosy Bucio	Virtual for all staff and NPA/S Cert.	Free
September 21, 2022 2:00-4:00 San Marcos High School Santa Barbara	South County Transition Fair	South County Agencies and Vendors	In Person/ San Marcos High School Audience: Staff and Parents of Transition Age Youth	Free
September 22, 2022 8:30-3:30 SBCSELPA	Assistive Technology Day 1 of Series	SBCSELPA AT Team with support of Placer County SELPA	In Person/SBCSELPA Audience: Leadership teams, School Psychologists, Education Specialists	Free
September 22, 2022 6:00-8:00 Virtual	Refresh Summit: Early Start to Preschool Summit with Alpha Resource FRC and Community Partners	Part C to B Team	Virtual Audience: Educators, Leadership, Agency Partners	Free
September 26, 2022 8:30-3:30 virtual SLO SELPA and SBCSELPA	Emotional Disturbance/OHI/ Mental Health Assessment	Dr. Stephen Brock	Virtual, registration through SLO SELPA Audience: School Psychologists, Leadership, Educators	Free

September 27, 2022 8:30-3:00 SBCSELPA	Diagnostic Center of Southern California Inclusive Education for Students with Mild-Moderate Disabilities	Nicole Ward	In Person/ SBCSELPA Audience: All Educators and Leadership	Free
September				
September 27, 2022 3:00-4:00 Virtual	OT Network	Jennifer Connolly Lisa Foote	Virtual Audience: Countywide OTs	Free
September 28, 2022 8:30-3:00 SBCSELPA	Diagnostic Center of Southern California Inclusive Education for Students with Moderate-Severe Disabilities	Nicole Ward	In Person/ SBCSELPA Audience: All Educators and Leadership	Free
September 28, 2022 1:30-3:00 Guadalupe	Staff and Student Well-Being: The Impacts of COVID and where to go from here	Alison Lindsey	In Person/ Guadalupe USD	Free
September 28, 2022 3:15-4:45 Virtual	Supporting Medically Fragile Students Network	SLO SELPA and SBCSELPA	Virtual	Free
September 29, 2022 9:00-12:00 In Person SMJUHSD	Transition to Adulthood Day 1 of Series	Jeannine Forslund Kristy Van Horn	In Person/SMJUHSD Board Room Audience: All Staff of Junior HS and HS, Leadership	Free

		Jennifer Connolly		
September 29, 2022 1:30-3:00 Virtual	Behavior: Essential 10, Day 1: Challenging Behavior and Frequency, Intensity, Duration	Cody Jacobs, PENT Team	Virtual Audience: All staff	Free

2022-2023 Professional Development

Calendar of Events by the Month

To Register go to <https://sbcselpa.k12oms.org/>

October

Dyslexia Awareness Month, Learning Disability Awareness Month

ADHD Awareness Month

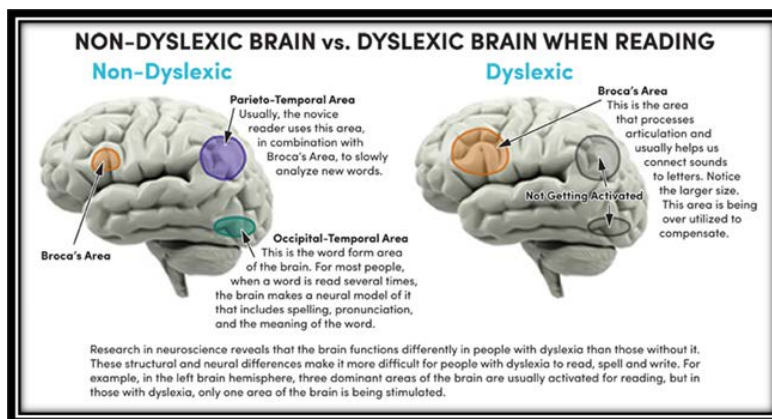
National Physical Therapy Month

AT/AAC Month

October				
Date/ Time/Location	Name of Event	Presenter	Virtual/ In person/ Audience	Free/ Cost
October 1, 2022 On demand, recorded event	ABCs of Preschool Assessment	Amy Taylor, Diagnostic Center of Southern California	Recorded training, register on SBCSELPA OMS for link to the two-hour event	Free
October 6, 2022, 8:30-3:30 SMB Souza Center	NCPI- Initial	Natalie Facio- Leon Phil Pandac	In Person/ SMB Souza Center Audience: All Staff	Free
October 6, 2022 8:30-3:30	Assistive Technology Day 2 of Series	SBCSELPA AT Team with	In Person/Lompoc USD	Free

In Person Lompoc USD		support of Placer County SELPA	Audience: Leadership teams, School Psychologists, Education Specialists	
October				
October 10, 2022 8:00-4:00 In Person SMBSD	A Hands-on Walkthrough of the XBASS Program	Jenny Ponzuric	Hosted by Santa Maria Bonita SD Contact: Kristen Makena kmakena@smbd.net or Amber Walz awalz@smbd.net	Free
October 10, 2022 3:00-4:15 Virtual	Note Taking in IEP Meetings	Dr. Margaret Saleh, Esq.	Virtual Audience: All staff	Free
October 11, 2022 8:30-3:00 SMB Souza Center	Diagnostic Center of Southern California I Don't Have Time! How to Make School- Based Interventions Work in the Elementary School	Scott Gutentag	In Person/ SMB Souza Center Audience: All Staff	Free
October 12, 2022 8:30-12:30	ADR with Abell and Rossi	Greg Abell and Carlo Rossi	Virtual Live South County SBCSELPA North County Zoom	Free
October 12, 2022 2:30-3:30 Virtual	Setting up an AAC Friendly Classroom	Lisa Foote	Virtual Audience: All Staff	Free
October 12, 2022 4:00-6:00 Santa Maria TCRC	North County Transition Fair	North County Agencies and Vendors	In Person/ Santa Maria Tri- County Regional Center Audience: Staff and Parents of Transition Age Youth	Free
October 18, 2022 8:30-9:00 Virtual	School Psychologist Network Meeting	Jennifer Connolly	Virtual Audience: CCASP, Leadership, School Psychologists	Free

October 18, 2022 3:00-4:00 Virtual	Transition Network Team (TNT) Meeting	Jennifer Connolly	Virtual Audience: TNT	Free
October				
October 19, 2022 1:30-3:00 Guadalupe	Trauma and the Brain/Body Connection Part 1	Rosy Bucio	In Person	Free
October 20, 2022 8:30-3:30 SBCSELPA	NCPI- Refresher	Louisa Wood Rosy Bucio	In Person/ SBCSELPA Audience: All Staff	Free
October 20, 2022 2:00-3:00 Virtual	Speech and Language Network	Jennifer Connolly	Virtual Audience: SLPs, Leadership	Free
October 24, 2022	Getting Organized	Meghan Davy, Alpha Resource Center	Virtual, contact Meghan Davy mdavy@alphasb.org Audience: Parents	Free
October 27, 2022 Virtual	Behavior: Essential 10, Day 2: Antecedent Information, Environmental Factors	Phil Pandac, PENT Team	Virtual Audience: All Staff	Free
October 27, 2022 9:00-10:00 SBCEO North	FBA/BIP Day 1	Phil Pandac Rosy Bucio	In Person/ SBCEO	Free
October 31, 2022 3:00-4:00 Virtual	SIRAS Office Hours	Jennifer Connolly	Virtual Same link for all meetings Audience: All Staff	Free
TBD	Reading Trainings			
	Dyslexia Events			



2022-2023 Professional Development Calendar of Events by the Month

To Register go to <https://sbcselpa.k12oms.org/>

November

Epilepsy Awareness Month

National School Psychology, November 14-18

November				
Date/ Time/Location	Name of Event	Presenter	Virtual/ In person/ Audience	Free/ Cost
November 1, 2022 8:30-10:30 Virtual	Hot Topics in Special Education with Jan Tomsy	Jan Tomsy, Fagen, Friedman, and Fulfro	Virtual Audience: All Staff	Free
November 1, 2022 2:00-3:00 Virtual	Transition Network Team (TNT) Meeting	Jennifer Connolly	Virtual Audience: TNT	Free
November 3, 2022 8:30-3:30 In Person/ SMB Souza Center	NCPI Refresher	Chyelin Andreadakis Jennifer Connolly	In Person/ SMB Souza Center Audience: All Staff	Free
November 7, 2022 8:30-12:00 SBCSELPA	School Psychologist Network	Jennifer Connolly	In Person- SBCSELPA Audience: CCASP, Leadership, School Psychologists	Free

November 9, 2022 3:00-4:00 Virtual	Dyslexia, Structured Literacy and Equity	Kareem Weaver-offered by Sacramento COE, project lead for CA Dyslexia Initiative	Virtual- registration through SCOE https://scoe.gosignmeup.com/public/Course/browse?courseid=12238 *Participant may need to create a free account with SCOE.	Free
November				
November 10, 2022 8:00-4:00 In Person SMBSD Souza	Current Legal Topics in Special Education	Jennifer Nix	Hosted by Santa Maria Bonita SD Contact: Kristen MaKena kmakena@smbbsd.net or Amber Walz awalz@smbbsd.net	Free
November 10, 2022 8:30-3:30 SMB Souza Center	Assistive Technology Day 3 of Series	SBCSELPA AT Team with support of Placer County SELPA	In Person/SMB Souza Center Audience: Leadership teams, School Psychologists, Education Specialists	Free
November 14, 2022 3:00-4:00 Virtual	SIRAS Office Hours	Jennifer Connolly	Virtual Same link for all meetings Audience: All Staff	Free
November 15, 2022 Virtual	IEP Basics and Parent Rights	Meghan Davy and Jennifer Connolly	Virtual Audience: Parents	Free
November 17, 2022 8:30-3:30 In Person/ SBCSELPA	NCPI- Initial	Ben Ingalls Chris Osborne	In Person/ SBCSELPA Audience: All Staff	Free
November 17, 2022 1:30-2:30 Virtual	Behavior: Essential 10, Day 3: Function and Replacement Behaviors	Carrie Hicinbothom Yolanda Horton, PENT Team	Virtual Audience: All Staff	Free

November 28, 2022 12:30-3:30 Virtual	The Neuropsychology of Reading Disorders: An Introduction to the FAR	Dr. Feifer	Virtual: Hosted by SLO and Santa Barbara SELPA Audience: School Psychologists, SLPS, Leadership	Free
November 29, 2022 3:00-4:00	OT Network	Jennifer Connolly Lisa Foote	Virtual Audience: Countywide OTs	Free
November 30, 2022 8:30-12:30 Virtual/ In person	ADR Abell and Rossi	Greg Abell and Carlo Rossi	Virtual Live, North County In person SMB Souza Center South County Zoom Audience: All staff, Parents	Free
TBD	DHH Training			

2022-2023 Professional Development Calendar of Events by the Month

To Register go to <https://sbcselpa.k12oms.org/>

December

International Day of Persons with Disabilities

December				
Date/ Time/Location	Name of Event	Presenter	Virtual/ In person/ Audience	Free/ Cost
December 1, 2022 Virtual 1.25 Hours	Diagnostic Center of Southern California Multisensory Math! What is it and Why is it Important?	Heather Barakat	Virtual Audience: General Education and Special Education teachers, Administrators, Paraeducators Watch with your teams	Free
December				

December 5, 2022 3:00-4:00 Virtual	SIRAS Office Hours	Jennifer Connolly	Virtual Same link for all meetings Audience: All Staff	Free
December 8, 2022 8:30-3:30 SMB Souza Center	Assistive Technology Day 4 of Series	SBCSELPA AT Team with support of Placer County SELPA	In Person/ SMB Souza Center Audience: Leadership teams, School Psychologists, Education Specialists	Free
December 9, 2022 8:30-9:30 Virtual	SIRAS Forms Committee	Jennifer Connolly	Virtual Audience: Forms Committee	Free
December 12 <u>or</u> December 14, 2022 4:00-5:00 Virtual	Engaging in Challenging Relationships (Coaching)	Greg Abell and Carlo Rossi	Virtual Audience: All Staff	Free
December 13, 2022 8:30-9:00 Virtual	School Psychologist Network	Jennifer Connolly	Virtual Audience: CCASP, School Psychologists, Leadership	Free
December 15, 2022 2:00-3:00 Virtual	Speech and Language Network	Jennifer Connolly	Virtual Audience: Speech and Language, Leadership	Free
TBD	Adapted P.E. Training			

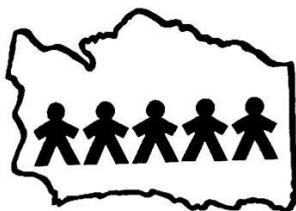
2022-2023 Professional Development Calendar of Events by the Month

To Register go to <https://sbcselpa.k12oms.org/>

January

Chronic Traumatic Encephalopathy (CTE) Awareness

Date/ Time/Location	Name of Event	Presenter	Virtual/ In person/ Audience	Free/ Cost
January 10, 2023 1:30-3:30 Guadalupe	Trauma and the Brain/Body Connection, Part 2	Alison Lindsey	In person Guadalupe	Free
January 11, 2023 1:00-3:00 Virtual	SIRAS Updates with Michael Brown Updates, State Testing Accommodations, Transition	Michael Brown	Virtual Audience: All Staff, Junior High, and High School for Transition topic.	Free
January 18, 2023 8:30-12:30 Virtual Live	ADR Abell and Rossi	Greg Abell and Carlo Rossi	Virtual In Person South County SBCSELPA North County Zoom	Free
January 18, 2023 3:15-4:45 Virtual SLO SELPA and SBCSELPA	Supporting Medically Fragile Students Network	SLO SELPA and SBCSELPA	Virtual Audience: Teachers and Related Services of Medically Fragile Students	Free
January 23 OR January 25, 2023 4:00-5:00 Virtual	Engaging in Challenging Relationships (Coaching)	Greg Abell and Carlo Rossi	Virtual Audience: All Staff	Free



Santa Barbara County
Special Education Local Plan Area

January 24, 2023 2:00-3:00 Virtual	Transition Network Team (TNT) Meeting	Jennifer Connolly	Virtual Audience: TNT	Free
January 26, 2023 8:30-3:30 SMB Souza Center	NCPI-Initial	David Ibsen Phil Pandac	In Person/ SMB Souza Center Audience: All Staff	Free
January				
January 26, 2023 1:30-3:00 Virtual	Behavior: Essential 10, Day 4: Teaching Strategies and Materials and Reinforcement	TBD, PENT Team	Virtual Audience: All Staff	Free
January 30, 2023 3:00-4:00 Virtual	SIRAS Office Hours	Jennifer Connolly	Virtual Same link for all meeting Audience: All Staff	Free
January 31, 2023 3:00-4:00 Virtual	OT Network	Jennifer Connolly Lisa Foote	Virtual Audience: Countywide OTs	Free

2022-2023 Professional Development Calendar of Events by the Month

To Register go to <https://sbcselpa.k12oms.org/>

February

Vision Awareness Month

Heart Awareness Month

February				
Date/ Time/Location	Name of Event	Presenter	Virtual/ In person/ Audience	Free/ Cost
February 1, 2023 8:30-12:30 Virtual Live	ADR Abell and Rossi	Greg Abell and Carlos Rossi	Virtual Live In Person North County SMB Souza Center South County Zoom	Free

February 6 OR February 13, 2023 4:00-5:00 Virtual	Engaging in Challenging Relationships (Coaching)	Greg Abell and Carlo Rossi	Virtual Audience: All Staff	Free
February 7, 2023 2:00-3:00 Virtual	Transition Network Team (TNT) Meeting	Jennifer Connolly	Virtual Audience: TNT	Free
February				
February 8, 2023 4:00-5:00 Virtual	Local Colleges Presentations	SBCSELPA and TNT	Virtual Audience: Leadership, Counselors, School Psychologist, Agencies, Transition Educators, Parents	Free
February 9, 2023 8:30-3:30 SBCSELPA	NCPI-Refresher	Jermaine Powell Chris Osborne	In Person/ SBCSELPA Audience: All Staff	Free
February 9, 2023 3:00-4:00 Virtual	Teaching Language Comprehension in a Structured Literacy Approach	Lillian Duran, Ph.D.- offered by Sacramento COE, project lead for CA Dyslexia Initiative	Virtual- registration through SCOE https://scoe.gosignmeup.com/public/Course/browse?courseid=12240 *Participant may need to create a free account with SCOE.	Free
February 13, 2023 3:00-4:00 Virtual	SIRAS Office Hours	Jennifer Connolly	Virtual Audience: All staff	Free
February 15, 2023 4:00-5:00 Virtual	Local Colleges Presentations	SBCSELPA and TNT	Virtual Audience: Leadership, Counselors, School Psychologist, Agencies, Transition Educators, Parents	Free
February 16, 2023 8:30-3:30	Assistive Technology Day 5 of Series	SBCSELPA AT Team with	In Person/ Buellton	Free

In person Buellton tbd		support of Placer County SELPA	Audience: Leadership teams, School Psychologist, Education Specialists	
February 24, 2023 8:00-4:00 In Person SMBSD Souza	Identification of SLD with Multilingual Learners via PSW: A nondiscriminatory, evidence-based approach for all practitioners	Dr. Samuel Ortiz	Hosted by SMBSD Contact: Kristin MaKena kmakena@smbdsd.net or Amber Walz awalz@smbdsd.net	Free
February 28, 2023 8:30-9:00 Virtual	School Psychologist Network	Jennifer Connolly and CCASP	Virtual Audience: Leadership, School Psychologists	Free
February 28, 2023 4:00-5:00 Virtual	Residential Colleges	SBCSELPA and TNT	Virtual Audience: Leadership, Counselors, School Psychologist, Agencies, Transition Educators, Parents	Free

Heart Awareness Month



2022-2023 Professional Development Calendar of Events by the Month

To Register go to <https://sbcselpa.k12oms.org/>

March

Developmental Disabilities Month

Brain Injury Awareness Month

March				
Date/ Time/Location	Name of Event	Presenter	Virtual/ In person/ Audience	Free/ Cost
March 1, 2023 1:30-3:30 Virtual- Watch Party	Diagnostic Center of Southern California Difference vs. Disorder: Demystifying the Assessment of English Language Learners	Melissa Zavala Arauz	Virtual Audience: Speech and Language Pathologists ASHA Verification for participants	Free
March 2, 2023 8:30-3:30 In Person SMB Souza Center	NCPI- Refresher	Alison Lindsey Phil Pandac	In person SMB Souza Center Audience: All Staff	Free
March 3, 2023 8:30-9:30 Virtual	SIRAS Forms Committee	Jennifer Connolly	Virtual Audience: Forms Committee	Free
March 7, 2023 4:00-5:00 Virtual	Residential Colleges	SBCSELPA and TNT	Virtual Audience: Leadership, Counselors, School Psychologist, Agencies, Transition Educators, Parents	Free

March 9, 2023 3:00-4:00 Virtual	Teaching Word Recognition in a Structured Literacy Approach	Dr. Carol Tolman, Ph.D.- offered by Sacramento COE, project lead for CA Dyslexia Initiative	Virtual- registration through SCOE https://scoe.gosignmeup.com/public/Course/browse?courseid=12241 *Participant may need to create a free account with SCOE.	Free
March				
March 9, 2023 8:30-3:00 In Person SBCSELPA	AT Series Final Day	SBCSELPA AT Team with support of Placer County SELPA	In Person/ SBCSELPA Audience: Leadership teams, School Psychologist, Education Specialists	Free
March 14, 2023 4:00-5:00 Virtual	Residential Colleges	SBCSELPA and TNT	Virtual Audience: Leadership, Counselors, School Psychologist, Agencies, Transition Educators, Parents	Free
March 16, 2023 8:30-3:30 In Person SBCSELPA	NCPI- Initial	Alison Lindsey Rosy Bucio	In Person/ SBCSELPA Audience: All Staff	Free
March 20, 2023 3:00-4:00 Virtual	SIRAS Office Hours	Jennifer Connolly	Virtual Audience: All Staff	Free
March 21, 2023 8:30-9:00 Virtual	School Psychologist Network	Jennifer Connolly	Virtual Audience: CCASP, School Psychologists, Leadership	Free

March 21, 2023 4:00-5:00 Virtual	Residential Colleges	SBCSELPA and TNT	Virtual Audience: Leadership, Counselors, School Psychologist, Agencies, Transition Educators, Parents	Free
March				
March 23, 2023 1:30-3:00 Virtual	Behavior: Essential 10, Day 5: Response to Challenging Behaviors, Measurement and Monitoring	Billy Headrick, PENT Team	Virtual Audience: All Staff	Free
March 29, 2023 1:30-3:30 Guadalupe	Trauma Responsive Practices/ Instruction	Rosy Bucio	In Person Guadalupe	Free
TBD	Parent Events			

To Register go to <https://sbcselpa.k12oms.org/>



April

Autism

Awareness Month

Administrative Professionals Day, April 27

Administrative Assistants Day, April 27

April				
Date/ Time/Location	Name of Event	Presenter	Virtual/ In person/ Audience	Free/ Cost
April 6, 2023 8:30-3:30 In Person SMB Souza Center	NCPI- Initial	Chyelin Andreadakis Billy Headrick	In Person/ SMB Souza Center Audience: All Staff	Free

April 14, 2023 8:30-9:30 Virtual	SIRAS Forms Committee	Jennifer Connolly	Virtual Audience: Forms Committee	Free
April 17, 2023 3:00-4:00 Virtual	SIRAS Office Hours	Jennifer Connolly	Virtual Audience: All Staff	Free
April 18, 2023 1:30-3:30 Virtual	Hot Topics in Special Education with Jan Tomsy	Jan Tomsy, Fagen, Friedman, and Fulfro	Virtual Audience: All Staff	Free
April 25, 2023 8:30-9:00 Virtual	School Psychologist Network	Jennifer Connolly	Virtual Audience: CCASP, School Psychologists, Leadership	Free
April 25, 2023 3:00-4:00 Virtual	OT Network	Jennifer Connolly Lisa Foote	Virtual Audience: Countywide OTs	Free
April 27, 2023 8:30-3:30 In Person SBCSELPA	NCPI-Refresher	Joe Isaacson Ben Ingalls	In Person/ SBCSELPA Audience: All Staff	Free
April				
April 27, 2023 2:00-3:00 Virtual	Speech and Language Network	Jennifer Connolly	Virtual Audience: Speech and Language, Leadership	Free
TBD	Autism Events			



This Professional Development Offerings Booklet is updated monthly.

To Register go to <https://sbcselpa.k12oms.org/>

May

Mental Health Awareness, May 10-16

Teacher Appreciation, May 9

Nurses, May 6

May				
Date/ Time/Location	Name of Event	Presenter	Virtual/ In person/ Audience	Free/ Cost

May 1, 2023 2:00-3:00 Virtual	Transition Network Team (TNT)	Jennifer Connolly	Virtual Audience: TNT	Free
May 2, 2023 8:30-11:30 Virtual	SIRAS Updates and End of Year Reminders with Brian Marcontell	Brian Marcontell, SIRAS Systems	Virtual/ Recorded Audience: CALPADS/ MIS Clerks, Leadership	Free
May 3, 2023 Time TBD In Person Location TBD	Nurses Symposium	SBCSELPA	In Person Audience: All SB County Nurses, Leadership	Free
May 4, 2023 8:30-3:30 In Person SBCSELPA	NCPI- Initial	Louisa Wood Jennifer Connolly	In Person/ SBCSELPA Audience: All Staff	Free
May 11, 2023 8:30-3:30 In Person SMB Souza Center	NCPI- Refresher	Alison Lindsey Bethany Schacherer	In Person/ SMB Souza Center Audience: All Staff	Free
May 11, 2023 3:00-4:00 Virtual	Teaching Writing in a Structured Literacy Approach	Joan Sedita, offered by Sacramento COE, project lead for CA Dyslexia Initiative	Virtual- registration through SCOE https://scoe.gosignmeup.com/public/Course/browse?courseid=12242 *Participant may need to create a free account with SCOE.	Free
May				
May 11, 2023 5:00-8:00 In Person Glen Annie Golf Course	SELPA- Bration	SBCSELPA	In Person Audience: Invitation only	TBD
May 15, 2023 3:00-4:00 Virtual	SIRAS Office Hours	Jennifer Connolly	Virtual Audience: All Staff	Free

May 17, 2023 3:15-4:45 Virtual SLO and SBCSELPAs	Supporting Medically Fragile Students Network	SLO and SBCSELPAs	Virtual Audience: Teachers and Related Services of Medically Fragile Students	Free
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Professional Development Event Descriptions by Topic



Adapted P.E. - TBD

Alternative to Dispute Resolution (ADR)

SBCSELPAs and member LEAs promote collaborative relationships with parents or guardians and community agencies ensuring students with disabilities receive free and appropriate education (FAPE). SBCSELPAs provide to member LEAs, parents/guardians,

and agencies throughout Santa Barbara County alternatives for resolving disputes or misunderstandings in the IEP Process. The Alternative to Dispute Resolution (ADR) goal is to restore positive communication with parents, guardians, and LEAs. ADR meetings save time and money by promoting ongoing collaborative relationships with parents, LEAs, and community agencies. Participants will learn how to organize and orchestrate effective IEP Team meetings and about a Facilitated IEP Team meeting.

Administrators

SBCSELPA Administrators Academy

Administrators Academy is designed to provide information to new or existing school leaders and Administrators on compliant best practices in special education including topics related to the Special Education Plans (SEP) Targets. Participants will have the opportunity to ask questions and learn about the many programs and procedures of the Santa Barbara County SELPA.

Assessment

MIGDAS: Autism Evaluations: Using MIGDAS-2 Process to Individualize the School-Based Assessment Across Age and Ability Levels

This workshop teaches school psychologists how to use descriptive language and a visual framework to support culturally sensitive autism evaluations in the school setting. Instructional methods used by the presenter include lecture, guided video samples of diagnostic student interviews across age and ability levels, small group discussion and application of key concepts, large group discussion, and question and answer opportunities.

Participants will receive a comprehensive course manual in pdf form with original material to support their autism evaluation and report writing process.

Session Learner Objectives:

- Apply the MIGDAS-2 system and protocols to engage children and adolescents in interactive, culturally sensitive clinical interviews that highlight areas of strengths and differences using a multidisciplinary school evaluation team
- Identify essential tools to conduct a sensory-based diagnostic interview with individuals whose communication skills range from verbally fluent to functionally nonverbal using the MIGDAS-2 system and protocols
- Utilize the MIGDAS-2 system to organize diagnostic observations and describe students in positive and descriptive terms

- Integrate the use of the MIGDAS-2 process using at least two additional measures, such as autism-specific behavior rating scales
- Gain confidence in making differential diagnoses and recognizing co-occurring conditions in recommending special education eligibility categories
- Learn to develop individualized Brain Style Profiles across age and ability levels
- Prepare to discuss the autism spectrum diagnosis with parents and teachers using a visual framework and positive language
- Apply the strength-based descriptive language in writing narrative summary reports
- Link the diagnosis to individualized school-based goals and supports

ED/OHI/Mental Health Assessment

In partnership with San Luis Obispo SELPA and Santa Barbara SELPA Dr. Stephan Brock, PhD., NCSP, LEP, brings to participants a look at best practices in assessment for Emotional Disturbance, Other Health Impairment, and Mental Health.

Audience: Leadership, School Psychologists, Special Education staff.

Assistive Technology/ AAC

Setting up an AAC Friendly Classroom:

Lisa Foote, SBC SELPA AT/AAC Specialist will review strategies in how to set up your classroom environment to support AAC users, as well as all students and staff!

Learning Objectives:

- What to do if you have multiple students using different AAC systems in one classroom?
- How to include a variety of low/no, mid, and high tech AAC options in your classroom depending on student needs.
- How to navigate the different approaches in embedding AAC into your environment and/or teaching: (core-words, activity-based, routines, peer modeling, structured/unstructured?)
- Additional tips for building your personal competence in learning to speak and teach AAC throughout the day with your students.

Participants: SDC Teachers, SLPs, OTs, APEs, Parents.

Orientation to Placer County SELPA Open Access AT Flip Kit

Lisa Foote, SBCSELPA AT/AAC Specialist will take participants through Placer County SELPA's Open Access Flip Kit. The Flip Kit is a searchable visual data base of low-mid-high technology AT supports.

Learning Objectives:

- demonstrations and videos of reading, writing, and math tools to be shared.

*Attend any or all 3 sessions.

*For review of Flip Kit: <https://www.openaccess-ca.org/at-flipkit>

Autism

Evidence Based Practices in Autism by C.A.P.T.A.I.N.

C.A.P.T.A.I.N. (California Autism Professional Training and Information Network) provides statewide access to training and resources in Evidence Based Practices (EBPs) that are culturally sensitive, family centered, cost effective, and competency based. Supporting locally based trainings with trainers of trainers at the local level. Emphasizing how to use EBPs to assist students in accessing the California Common Core State Standards and developing College and Career Readiness. Providing ongoing training, support, and technical assistance to implement EBPs and ensure fidelity of implementation. Supporting the development of local multiagency collaborations to support consistent use of EBPs. In addition to providing web-based access to materials and resources that are vetted and aligned with current EBPs.

Menu of event choices for LEA requested event:

1. What are EBPs
2. Antecedent Based Intervention
3. Prompting
4. Reinforcement
5. Self-Management
6. Social Narratives
7. Social Skills Training
8. Task Analysis
9. Time Delay
10. Video Modeling
11. Visual Supports



Behavior

Data Collection in Special Education

In this training, participants will have the opportunity to learn about the most common types of data systems used in special education programs (e.g., frequency, duration) and how different IEP goals require different types of data collection. Particular attention will also be given to how to accurately collect ABC data and participants will have opportunities to practice this through case examples and group activities.

Understanding the Functions of Behavior

The focus of this training will be helping participants learn that behaviors are information and serve different functions. Once functions are understood then skills can be developed that allow students to navigate through struggles in a more adaptive manner.

Fundamentals of Behavior

To help educational staff broaden their understanding of “behaviors” in students, this training will introduce them to the science of behavior, including the neuro-biological cycle of behavior that is true for all human beings. Additionally, information related to ACES, trauma, learning challenges, and chronic stress experiences will be presented to help participants examine their own narratives about behaviors in students.

De-Escalation Strategies: Guiding Principles and Next Steps

In this training, participants will have the opportunity to learn guiding principles for de-escalating students during behavioral/emotional responses and the importance of proactive strategies to mitigate escalation cycles.

Essential 10: Essential Components of Behavior Intervention Plans presented by SBCSELPA PENT Team

SBCSELPA Positive Environments Network of Trainers (PENT) team provides five days of training in the essential ten components of Behavior Intervention Plans.

The Essential Ten Components include the following:

1. Evaluate the challenging behavior that is impeding learning.
2. Evaluate the frequency, intensity, and duration of the behavior, collecting baseline data.
3. Evaluate the antecedent information- what events lead to the challenging behavior.
4. Evaluate the environmental factors considering structure and supports needed to reduce the challenging behavior.
5. Evaluate the function of the behavior looking into why the behavior occurs.

6. Exploring replacement behaviors or what the team believes the student should do instead of the challenging behavior.
7. Teaching strategies and materials to support the replacement behaviors.
8. Reinforcement procedures for establishing and maintaining the replacement behaviors.
9. Response to challenging behavior explores how adults will support the challenging behavior.
10. Measurement and monitoring of student progress and effectiveness of the Behavior Intervention Plan.

Creating a Culture of Wellness How to support Intentionally and Meaningfully Support Staff Well- Being

Now more than ever, school staff – from teachers to paraprofessionals to office personnel – need to feel connected to and supported by their school family. This past year has taken a toll on everyone and has highlighted the need to, intentionally and meaningfully, support the social-emotional wellness not only of our students, but also of our staff. After all, if our staff do not have the skill set needed to regulate their own emotions, how are they able to teach it to students?

In this two-part workshop, we will cover the concept of emotional intelligence, how to use these skills to enhance and promote the wellness of the educators you support, and most importantly, how to cultivate it within yourself to be a more effective leader. Together, we will review your existing staff wellness practices, discuss new ideas to enhance these practices, and build new practices that lend themselves to the improvement of staff well-being, and in turn, student well-being and school climate.

Audience: School Psychologists, Site Administrators (Principals, Assistant Principals), Special Education Administrators (Directors, Program Coordinators, etc.), Superintendents, Assistant Superintendents.



Crisis Prevention

Nonviolent Crisis Prevention Intervention:

One-Day Refresher:

The One-Day Refresher Course is designed for persons who need to re-certify and have already taken the Initial Course and received certification.

Investment: \$21.49 for Staff and Parents of students attending public school within Santa Barbara County, \$30 all other participants.

One-Day Initial:

The One-day Initial Course is designed for school staff working with students who have the potential for demonstrating “acting out” behavior.

Investment: \$21.49 for Staff and Parents of students attending public school within Santa Barbara County, \$30 all other participants.



Deaf and Hard of Hearing (TBD)

Diagnostic Center of Southern California Trainings

All Diagnostic Center Trainings are prerecorded and FREE. A Zoom link will be sent to participants via the Southern California Diagnostic Center upon registering in SBCSELPA online registration system <https://sbcselpa.k12oms.org>.

Inclusive Education for Students with Mild-Moderate Disabilities

Focus of this training is inclusive education and best practices for educating students with mild to moderate disabilities in inclusive settings. Topics discussed: how to utilize research-based practices to develop and implement programs that encourage learning and growth for all students, including but not limited to inclusive education models, effective planning, and collaboration, identifying the demands within the learning environment, understanding each individual learner needs, accommodations vs. modifications, differentiation, and universal design.

Audience: Multidisciplinary teams working with students with mild-moderate disabilities in inclusive settings. District Administrators, Special Education Teachers, General Education Teachers, School Psychologists, Speech and Language Pathologists, Occupational Therapists, and Paraeducators.

Inclusive Education for Students with Moderate-Severe Disabilities

Focus on best practices for educating students with Moderate to Severe Disabilities in inclusive settings. Topics discussed will focus on how to utilize research-based practices to develop and implement programs that encourage learning and growth for all students, including, but not limited to, inclusive education program models, gaining buy-in from key staff, understanding learner profiles, effective planning and collaboration, designing modifications based on individual needs while assessing the standards, and effective use of staff and peers.

Outcomes: Participants will:

- Increase awareness of the various working models for implementing inclusive education and understand how to effectively plan for

inclusion.

- Learn how to identify and then reduce or remove barriers that may hinder learning.
- Understand how to use research-based practices to support positive outcomes for students and staff

Audience: Multidisciplinary teams working with students with moderate-severe disabilities in inclusive settings. District Administrators, Special Education Teachers, General Education Teachers, School Psychologists, Speech and Language Pathologists, Occupational Therapists, and Paraeducators.

How to Make School-Based Interventions Work in the Elementary School

Focus on preschool and elementary students. This training will address those things that get in the way of implementing school-based interventions and more importantly approaches that enhance the actual implementation of interventions with the resulting outcome being student progress. Simple ways to help students follow desired rules and skills will be discussed. The overall focus of this training is the process of 1. building relationships to begin the implementation process, 2. ways to implement supports and strategies in natural settings, 3. implementation and effective outcome process may require non-traditional and out-of-the-box thinking.

Outcomes: Participants will:

1. Become familiar with typical intervention implementation approaches that do not work and why.
2. Learn strategies to build relationships necessary for successful implementation.
3. Develop simple approaches to implementing interventions.
4. Learn some of the keys to making interventions work once they have been implemented.

Audience: Elementary School personnel involved in the process of implementing and helping to implement school-based interventions. The training does not include examples of middle school and high school students, although the concepts presented can be applied to those levels. Site administrators, Intervention Specialists, all staff invited to attend.

Dynamic Duo! Terrific Trio! Effectively Teaming with Paraeducators to Support Students

A 90-minute webinar designed for teachers and paraeducators to complete together, allowing the team to discuss and explore their individual roles, develop clear understanding of responsibilities, and begin to develop frameworks for effective teacher/paraeducator/ student relationships. Participants will be encouraged to actively

complete activities throughout the webinar; additionally, handouts and resources will be provided to further support educator development.

Outcomes: Participants will:

1. Identify and describe key concepts related to supporting students with special education services (e.g., IEPs, goals, confidentiality, etc.)
2. Identify the key roles and responsibilities for teachers and paraeducators in supporting students.
3. Describe important components for effective teaming (e.g., time management, communication, team meetings, feedback, etc.)
4. Utilize resources provided to support further learning.

Multisensory Math

Supports the learning of Piaget's developmental stages regarding mathematics and the importance of a multisensory approach. Participants will learn the components of multisensory instruction and how to apply them to basic math instruction (i.e., whole numbers, addition, subtraction, multiplication, division, and basic word problems). Participants will walk away with knowledge on who will benefit from multisensory instruction and step-by-step instructions on how to implement multisensory instruction when teaching mathematics.

Outcomes: Participants will:

- Become familiar with Piaget Stages of Development and how the stages support math development.
- Review multisensory instruction and how it supports students.
- Learn how to use multisensory math instruction to build students understanding of basic math facts.

Audience: General Education teachers, Special Education Teachers, Administrators, and Paraeducators



Difference vs. Disorder: Demystifying the Assessment of English Language Learners

Non-biased assessment of English Language Learners (ELLs) has long been viewed as a complex process that is often outside of the comfort zone of monolingual SLPs- and with good reason. ELLs are a heterogeneous group who come from a wide variety of linguistic and cultural backgrounds; therefore, many variables must be considered to provide adequate assessment. Skills in the non-biased assessment of ELLs are essential to reduce over and under identification of Speech and Language Impairment (SLI) and referral for speech and language services, particularly given the diverse cultural landscape of Southern California. This training provides an informal protocol that compiles the tasks found most effective in

distinguishing between difference and disorder among the ELL population, along with resources to give SLPs the information and tools they need to immediately increase their confidence in this area.

Audience: Speech and Language Pathologists

English Learners with Disabilities Trainings with Imperial County SELPA

Registration on Imperial SELPA website: <https://www.icoe.org/selpa>)



G.R.O.W: G.R.O.W. Growth Mindset, Resilience, Other Centered, Work Ethic (For Therapeutic Learning Programs (T.L.P.):

Introduction to G.R.O.W. for new programs and staff

Participants will receive an overview of the G.R.O.W. program, learning about everything from the foundational principles to the specific program components. Through direct instruction, videos, group discussion, and in-vivo practice of skills, participants will learn the science behind the program as well as how put it into practice in the classroom. Although this training is for staff who are new to the G.R.O.W. program, all are welcome to participate.

Skill-Building Sessions

Participants in the G.R.O.W. Skill-Building Sessions can expect to take a deeper dive into the program components covered in the G.R.O.W. Summit. With facilitation, participants will engage in small group role-play activities to practice the skills taught in the session. Additionally, participants will have the opportunity to connect and consult with the G.R.O.W. learning community to learn from others' successes and problem-solve barriers to program implementation.



Health

Nurses Symposium

All countywide nurses are welcome to the Nurse's Symposium. This network meeting will provide nurses a chance to collaborate on current changes in school health with COVID-19.



Interpreter/ Translator Events

Interpreter/ Translator Network

SBCSELPA and in partnership with SLO SELPA provide a time for interpreters and translators who work in special education a time to share learning and resources.



Legal

Jan Tomsy 'Hot Topics in Special Education'

Jan E. Tomsy is a partner at Fagen, Friedman, & Fulfroest, LLP, serving clients from the Oakland office. A nationally recognized leader in special education law, Ms. Tomsy has represented school district clients in mediations and due process hearings, as well as in special education-related litigation in both state and federal courts and in the Ninth Circuit Court of Appeals. Her expertise in special education matters has helped scores of districts to address issues and resolve disputes in this specialized field. Additionally, Ms. Tomsy has assisted districts in countless student expulsion hearings, particularly those that involve complex or sensitive issues, and has successfully defended districts' decisions on appeal to county boards and in court. A popular speaker, Ms. Tomsy is asked to present throughout the country on education and the law. She frequently presents for the Association of California School Administrators, LRP's national Institute (focusing on legal issues related to educating students with disabilities), the LRP Special Education School Attorneys Conference, and the LRP Directors' Summit. Ms. Tomsy is the author of Personal Liability for IDEA Violations: Where the Courts Stand and was a contributing author to The Administrator's Guide to Building and Maintaining a Comprehensive Autism Program and IDEA Due Process Survival Guide, all of which are LRP publications. Ms. Tomsy presents 'Hot Topics in Special Education.'



Network Meetings for all Related Services

Network Meetings are scheduled meetings with staff that serve students in a similar way. Network meetings is a time for Teachers, Speech and Language Pathologists, Occupational Therapists, Adapted P.E. Teachers, School Psychologists, Nurses, and BCBA's to collaborate on topics of their profession. Meetings to occur throughout the year each month.

Nonpublic Schools and Nonpublic Agency Behavior Trainings: (open to all LEAs as well)

NPS/A requirements for annual renewal of certification, including the following as specified in Education Code 56366.1

Requirements for NPS/A renewal of certification:

1. Documentation of NPS/A staff training in the use of evidence-based practices and interventions specific to the unique behavioral needs of the NPS/A pupil population.
2. Trainings shall be provided annually within 30 days of employment to new staff and all staff implementing behavior related services in the NPS/A. (see Attachment)

In response to the requirements for annual renewal of certification, SBCSELPA offers behavior trainings encompassing evidence-based practices and interventions.

Each training satisfies the following conditions:

1. Conducted by licensed or certified persons in fields related to evidence-based practices and interventions.
2. Taught in manner consistent with the development and implementation of individualized education programs.

SBCSELPA offers the following trainings that fulfill the new requirements of AB1172 for an NPS/A.

1. August 4, 9:00-10:30: Behavioral Consultation in Schools (Virtual/ Free)
2. August 16, 9:00-10:30: New Lens on Behavior (Virtual/Free)
3. August 18, 8:30-3:30: Nonviolent Crisis Prevention Intervention (CPI)
\$21.49 for book.
4. August 24, 9:00-10:30: Behavioral Data Collection (Virtual/Free)
5. August 25, 8:30-3:30: Nonviolent Crisis Prevention Intervention (CPI)
\$21.49 for book.
6. September 1, 8:30-3:30: Nonviolent Crisis Prevention Intervention (CPI)
\$21.49 for book.
7. September 14, 9:00-10:30: Proactive Behavior Strategies (Virtual/Free)
8. September 15, 8:30-3:30: Nonviolent Crisis Prevention Intervention (CPI)
\$21.49 for book.
9. September 20, 9:00-10:30: Supporting Students with Behavioral Needs
(Virtual/Free)



Occupational Therapy (TBD)



Reading

Dyslexia TBD



SELPA-Bration

The fourth annual SELPA-Bration Awards honors eleven staff county wide for their hard work and dedication to students in Special Education. Please join us in honoring ten very deserving recipients.

Fourth Annual SELPA-Bration May 11, Glen Annie Golf Course Frog Bar and Grill, 5:00-8:00.

SIRAS

Summer Updates in SIRAS

SIRAS Systems provides ‘Summer Updates’ information to all staff sharing the new procedures and forms created over the summer. All staff are invited to this two-hour virtual training.

SIRAS Office Hours

All Staff are welcome to attend monthly Office Hours with Jennifer Connolly to review procedures and technicalities in SIRAS. Zoom link to be repeated each month.

SIRAS Trainings with SIRAS Team:

September: Topics: CALPADS/ CASEMIS information updates

January: Topics: Preparing for Transition Meetings. preparing for Statewide Assessment to be reviewed in this three-hour virtual training.

May: Topics: End of year Calpads, Next Year’s Data, recap, and reminders for year closure.



Transition

Colleges Tours

Explore options of college programs in Santa Barbara County and beyond. Participants will learn about residential placements, adult living, entrance requirements, and coursework in this multi-day series.

Audience: Parents, students, Guidance Counselors, School Psychologists, Agencies, and all Educators.

Individual Transition Plan (ITP) Series

The Spirit of Transition Planning will be explored in this multiday day series. Participants will learn about the importance of planning ahead for transition and how to write thorough Individual Transition plans based on assessments. Resources will be shared at each day of the series to help with conversations and planning around transition. Day three will explore the many agencies available in Santa Barbara County with agency presentations. The last day of the series will explore the local and residential colleges in California.

Audience: Leadership, Counselors, IEP Team Chairs, Deans, High School Special Education Teachers, Special Education Transition Age Teachers, Special Education Middle School Teachers.

Transition Fairs

Transition Fair offers families of students transitioning from middle school to high school and high school and beyond the opportunity to talk and gain resources from local agencies and services. Fairs are in south county at San Marcos High School and north county at Tri Counties Regional Center.

‘Mini’ LEA Professional Development Topics Available Upon Request

Contact Jennifer Connolly jconnolly@sbceo.org to book a FREE presentation.

Behavior Series

Understanding Brain States & Behavior

Participants will be introduced to the applied science of brain states and behavior regulation. The goal of this mini-PD is for staff to begin to understand the underpinnings for all human escalation cycles and how “behavior” is not unique to students with behavioral challenges. Staff will be guided through current research on the topic and could participate in activities that help integrate the content that is presented.

Supporting Students with Behavioral Needs in School Settings

This introductory mini-PD offers participants a brief overview of traditional vs brain-based perspectives on student dysregulation and challenges staff to reflect on their own narratives about student problem behavior. Additionally, a variety of proactive evidence-based practices for mitigating challenging behavior will be presented and participants will have an opportunity to apply strategies to case-studies in a small group activity.

How To “Coach” Students

This mini-PD is focused on practical, hands-on, evidence-based strategies for giving students feedback, offering supporting, and “correcting” pre-escalation behavior. Staff will reflect on how they like to be “coached” and then apply the scientific information shared to case examples they self-generate. The goal is for participants to walk away with a fresh perspective on how “coaching” vs correcting and/or inadvertent shaming of students could broadly help all the students they serve.

Default vs GROW: How our “Lens” Impacts the Way We Support Students

This mini-PD will start with a brief review of brain states and how behavior escalates in all humans, followed by an outline of the differences between “default” vs “GROW” lenses. The objective is for participants to understand what influences our perspectives and responses to student behavior and how students, especially students with challenging behavior, deserve scientific coaching practices rooted in dignity not punishment procedures.

Data Collection in Special Education

In this training, participants will have the opportunity to learn about the most common types of data systems used in special education programs (e.g., frequency, duration) and how different IEP goals require different types of data collection. Particular attention will also be given to how to accurately collect ABC data and participants will have opportunities to practice this through case examples and group activities.

Understanding the Functions of Behavior

The focus of this training will be helping participants learn that behaviors are information and serve several different functions. Once functions are understood then skills can be developed that allow students to navigate through struggles in a more adaptive manner.

Fundamentals of Behavior

To help educational staff broaden their understanding of “behaviors” in students, this training will introduce them to the science of behavior, including the neuro-biological cycle of behavior that is true for all human beings. Additionally, information related to ACES,

trauma, learning challenges, and chronic stress experiences will be presented to help participants examine their own narratives about behaviors in students.

De-Escalation Strategies: Guiding Principles and Next Steps

In this training, participants will have the opportunity to learn guiding principles for de-escalating students during behavioral/emotional responses and the importance of proactive strategies to mitigate escalation cycles.

SELPA 28: SBCSELPA Continuum of Mental Health Services

Late in 2020, an Ad-Hoc Committee was formed to revise the SBCSELPA Continuum of Mental Health. This training is to introduce the new Continuum, discuss its function/limitations, and to provide information on two added services to the Continuum: Social Work Services and Parent Counseling.

Consulting In Classroom Settings

The focus of this training will be on sharing strategies that facilitate collaborative and productive consulting in classroom settings. Specific steps and strategies educational specialists (e.g., BCBAs, MFTs, SLPs) can use to build rapport with team members and establish mutually beneficial communication. In addition, strategies team members (e.g., teachers, paraprofessionals) can also use when collaborating with consultants will also be shared.

How To Provide Students with Corrective Feedback & Coaching

This training will focus on how team members (e.g., teachers, paraprofessionals, administrators) can give students feedback, both positive and corrective, in a constructive manner that optimizes communication.

SELPA 28A: SBCSELPA Wrap Supports Referral- recorded available on SBCSELPA YouTube Channel

The new Santa Barbara County SELPA Wrap Referral is here—and it is fillable! This short training will explain what Wrap supports are, how the referral process works, and how to document on an IEP. This training will be recorded and available for viewing at your convenience.

Brain-Based Behavioral Perspectives and Support Strategies

Drawing from foundations of interpersonal neurobiology, applied developmental attachment, and specific communication skills; participants will gain a functional understanding of how educators can best support students who present with relational and behavioral challenges. Staff will then be able to calibrate their approach to meet the needs of the student as they exist in the moment, supporting emotional resilience and academic success.

Relational Scaffolding

Drawing from foundations of interpersonal neurobiology, applied developmental attachment, and specific communication skills; participants will gain a functional understanding of how educators can best utilize relationships with their students to support social-emotional development, academic access, and a culture of emotional inclusion.

Self-Care for the Educator

Self-Care for Educators provides a time to reflect on your own mental health so that you can more effectively support students. In the course of our work, we are confronted with the challenging aspects of life. As Educators, we are asked to “do more with less,” and work within uncertain funding and restrictive policy contexts. The circumstances the youth of today bring to school often impacts not only our teaching but takes a toll on the school. Practicing self-care is an important activity that will help you cognitively, physically, and emotionally “bounce back” each day over the long term.

Parent Support

Mental Health for Families: Supporting the Mental Health of Families and Caregivers during Distance Learning

A presentation of self-care practices during times of acute and chronic stress for parents/guardians/caregivers. In addition, a resource for parents/guardians/caregivers to help support the children in their home during this time of distance learning.

SIRAS

Introduction to SIRAS for new employees

New Staff will learn the how to maneuver through SIRAS and how to create an IEP in SIRAS.

SIRAS updates

The new features in SIRAS created during the summer 2020 to be reviewed in this one and a half hour training.

Advanced Refresher

The Goal Wizard, Service Logs, and Progress Reports to be reviewed in this one and a half hour training.

‘Mini’ LEA Professional Development Topics Available Upon Request

List of events offered updated monthly.

Contact Jennifer Connolly jconnolly@sbceo.org to book a **FREE** presentation.

August

- 3: SMJUHSD GROW
- 5: Lompoc GROW
- 10: Santa Ynez Valley Consortium GROW
- 15: SBUSD GROW
- 18: Goleta GROW
- 26: SBCEO Managing Behavior in the Classroom

September

12: What is Grow- VMS

14: Adelante Classroom Management

15: SBCEO Supporting Students with Behavioral Needs

19: CAPTAIN What are EBPs

20: SBUSD Building Behavioral Practices Part 1

27: SBUSD Building Behavioral Practices Part 2

27: Hope Captain Coaching

28: Guadalupe Building Behavioral Practices in School Communities of Belonging

29: Mental Health Round Table

29: Hope Captain Coaching

29: Hope Captain EBP Training

October

4: SBUSD Building Behavioral Practices Part 3

5: Manzanita Charter School Building Behavioral Practices Part 1

6: Goleta USD CAPTAIN EBP Training

10: Research to Practice: What Science Says About Behavior & How We Try to Implement

12: Carpinteria USD Building Behavioral Practices Part 1

13: Adelante Supporting Students During Behavioral Challenges for Parents

19: Guadalupe Trauma and the Brain Body Connection Part 1

24: Lompoc CPI

28: SBCEO FBA/BIP Data Collection Day 1

30: Lompoc GR

November

2: Adelante An Introduction to What's and What's Not ADHD

10: FBA/BIP Data Collection Day 2

December

8: Adelante Supporting Children Academically at Home

14: Adelante MTSS Academic Needs

January

10: Guadalupe Trauma and the Brain Body Connection Part 2

February

1: Adelante Emotional Wellness for Staff

March

1: Adelante Mindfulness Practice in the Classroom

AprilMayJune

SBCSELPA Staff (note new emails)

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Santa Barbara County
Special Education Local Plan Area

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Dr. Ray Avila

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SBCSELPA Executive Director

Thank you to all Presenters, Teams, and Cadre for your time and positive energy!

Available Resources

OMS Calendar of Events

<https://sbcselfpa.k12oms.org/>

Professional Development

SBCSELPA Local Plan

www.sbcseelpa.org

Educators, Parent Resources

SBCSELPA Procedural Handbook

www.sbcseelpa.org

Educators, Parent Resources

Special Education Parent Handbook

www.sbcseelpa.org

Parent Resources

<https://www.sirassystems.org>

What are all these IEP Documents? Parent Questions for an IEP

www.sbcseelpa.org

Parent Resources

<https://www.sirassystems.org>

Turning 3: Transition from Early Start to Preschool

www.sbcseelpa.org

Parent Resources

<https://www.sirassystems.org>

SIRAS Systems (IEP development)

<https://www.sirassystems.org>

Educators Resources

SBCSELPA YouTube Channel for all recorded trainings

Santa Barbara SBCSELPA Conference Room

bhelt@sbceo.org

To book Santa Barbara SBCSELPA Conference Room

Back2School Padlet of Resources <https://padlet.com/mslaterselpa4200/trcig7ygv4ood8uvback2school>

Professional Development Locations for Larger Events

North: Santa Maria Bonita Souza Center: 708 Miller St. Santa Maria, CA 93454

Mid- County: Buellton Recreation Center: 301 2nd St. Buellton, CA 93427

South: SBCSELPA Conference Room: 5385 Hollister Avenue Building 7 Santa Barbara, CA 93111 (new location)

Zoom Conferencing

This Professional Development Offerings Booklet is updated monthly,



Santa Barbara County
Special Education Local Plan Area
Joint Powers Agency

REF: V-B 68

APPROVED
11/7/2022

SANTA BARBARA COUNTY SPECIAL EDUCATION LOCAL PLAN AREA
JOINT POWERS AGENCY BOARD

MINUTES OF OCTOBER 3, 2022, REGULAR MEETING

Due to the COVID-19 Crisis this meeting was held via Zoom

12:00 p.m.

Via ZOOM – Meeting ID: 851 0244 1114

Pursuant to SBCSELPA Resolution 22-23-08

***There was no physical location for this meeting due to COVID-19 and pursuant to AB 361.**

I. PUBLIC SESSION

A. Call to Order

The regular meeting of the Santa Barbara County Special Education Local Plan Area (SBCSELPA) Joint Powers Agency Board was called to order by Anne Hubbard at **12:01 p.m.** via Zoom (**Meeting ID: 851 0244 1114**).

B. Roll Call

Lindsay MacDonald took membership roll call.

Members Present: Amy Alzina, Clerk

Holly Edds

Antonio Garcia

Anne Hubbard, Chairperson

Randal Haggard, Vice-Chairperson

Emilio Handall

Hilda Maldonado

Members Absent: Susan Salcido

Others Present: Ray Avila, SBCSELPA Executive Director and Secretary to the Board,
and other SBCSELPA staff:

Lindsay MacDonald, SBCSELPA Office Manager

Jennifer Connolly, SBCSELPA Coordinator

Rachel Wigle, SBCSELPA Chief Business Official

Brian Helt, SBCSELPA Executive Assistant

Natalie Facio-Leon, SBCSELPA Mental Health Specialist

Kirsten Escobedo, Asst. Supt. of Special Education, SBCEO

Claudia Echavarria, Director of Special Education, SYVSEC

Laura Donner, Director of Education, Santa Barbara Charter School

Rusty Gordon, Director of Special Education, Orcutt Union School District

C. Flag Salute

Anne Hubbard led the assembly in the Pledge of Allegiance.

SBCSELPA JPA BOARD
MINUTES OF OCTOBER 3, 2022, REGULAR MEETING

I. **PUBLIC SESSION** *(continued)*

D. **Welcome Guests**

Anne Hubbard began by welcoming our regular meeting attendees that are not on the Board or from SBCSELPA. Ray Avila introduced Natalie Facio-Leon, new SBCSELPA Mental Health Specialist. Ray shared that Natalie has been with the SBCSELPA as a WRAP Bilingual Youth Support Specialist (YSS), then WRAP Facilitator, and now is the Mental Health Specialist. Anne Hubbard welcomed Natalie and thanked her for her important work. There were no other guests in attendance at the meeting. Lastly, Ray shares that Rusty Gordon, Director of Special Education at Orcutt Union School District will be joining to discuss an item he has on the agenda.

E. **SBCSELPA Executive Director's Report**

Ray Avila began with highlighting item #3 of his report regarding Proposed Legislation that Supports Special Education. When Ray initially prepared this report SB1113, an inclusion bill, was on the Governor's desk waiting for a hopeful signature, however, unfortunately the Governor did end up vetoing the bill. We will continue to try again with getting this bill passed as this is something that the State SELPA is a strong supporter of and we would love to bring these resources into our state to have further work around inclusion.

Next Ray brought to the Boards attention item #5 of his report regarding CDE Special Education Compliance Update, a presentation has been provided about this. Ray further shares that all of the small LEAs throughout the State of California over the next 3 academic years will be chosen once for a monitoring process by the CDE. Typically, small LEAs are bumped out of most monitoring processes because they don't have enough ADA to quantify the compliance effort. CDE is responding to a lawsuit that occurred and from that lawsuit it was stated that there need to be some type of compliance effort that includes the small LEAs and so they are starting that this year. Ray further shared that Ray and Jennifer Connolly, SBCSELPA Coordinator, will be supporting our small LEAs through this process. The CDE offered a presentation earlier in the week regarding this new process and Jennifer attended on behalf of the SBCSELPA, some of our LEAs attended as well. We have 7 LEAs so far that we are aware of here in Santa Barbara County that have been chosen for this compliance review. The major component of this review is that it requires a file review, almost like a mini-IRS audit. Ray will keep the Board posted as we go through this process, but he is confident that these LEAs that were chosen on this first round will be very successful on following through. The Board was satisfied; there were no questions or comments.

II. **PUBLIC COMMENTS**

There were no public comments.

III. **APPROVAL OF ADDITIONAL EMERGENCY ITEMS**

There were no additional emergency items presented.

IV. **APPROVAL OF ACTION AGENDA**

Recommendation: The JPA Board approve the Action Agenda as presented.

Motion to Approve: Randy Haggard **Second:** Antonio Garcia

Vote: 6 – 0 The motion passed with JPA Board Members Amy Alzina, Holly Edds, Antonio Garcia, Randal Haggard, Emilio Handall, and Anne Hubbard voting in favor; none opposed. Hilda Maldonado stepped away from the meeting temporarily and was not included in this vote.

SBCSELPA JPA BOARD
MINUTES OF OCTOBER 3, 2022, REGULAR MEETING

V. **CONSENT AGENDA:** The JPA Board took action on Items A - C:

- A. **Minutes of August 29, 2022 Regular Meeting**
- B. **Ratification of Payment of Claims:** 01-706541 - 01-706547, 01-707402 – 01-707426, 01-708164 – 01-708182, 01-708943 – 01-708955.
- C. **2022-23 Nonpublic Agency (NPA) Master Contract & Exhibit A Rates**
 - 1. Children's Therapy Network

Recommendation: The JPA Board approve Consent Agenda Items A through C as presented.

Motion to Approve: Holly Edds **Second:** Amy Alzina

The Board was satisfied; there were no questions or comments.

Vote: 6 – 0 The motion passed with JPA Board Members Amy Alzina, Holly Edds, Antonio Garcia, Randal Haggard, Emilio Handall, and Anne Hubbard voting in favor; none opposed. Hilda Maldonado stepped away from the meeting temporarily and was not included in this vote.

VI. **ITEMS SCHEDULED FOR ACTION/CONSIDERATION**

- A. **Orcutt Union School District, Regional Occupational Therapy Caseload Need to Acquire Additional Staff for the 2022-2023 School Year**
 - 1. Orcutt Union School District Request

Recommendation: The JPA Board approve Orcutt Union School District Request for Additional Staff for 22-23 school year as presented.

Motion to Approve: Randy Haggard **Second:** Hilda Maldonado

Vote: 7 – 0 The motion passed with JPA Board Members Amy Alzina, Holly Edds, Antonio Garcia, Randal Haggard, Emilio Handall, Anne Hubbard, and Hilda Maldonado voting in favor; none opposed.

Ray Avila introduced this item and shared that Rusty Gordon, Director of Special Education at Orcutt Unions School, drafted this request that was submitted to SBCSELPA, he joined the meeting to answer any questions regarding this request.

Ray began by explaining that Orcutt operates and facilitates the Regional Occupational Therapy (OT) Program. Since it is regional it does serve some of the other LEAs in the north part of our county. Currently the caseloads for this OT program exceeds the number of staff that they started up the year with, more kids arrived with OT services needed than they had projected. This means that Orcutt needs to hire a new OT staff member, the plan to contract out with a Non-Public Agency for this staffing increase just for the remainder of the 22-23 school year, an estimated amount of what a contracted provider may charge for services has been provided.

Anne then opened it up to the JPA Board for questions and/or comments on this request. Antonio Garcia began by commenting/confirming that this additional staff member that is being requested will then bring these caseloads down to where they should be in the low 30s. Ray responded and confirmed that this additional staff will bring it down to the ratio that is outlined in our Local Plan. Rusty further confirmed that this additional staff should bring them down to 28-30, which is where they are usually at but this year.

SBCSELPA JPA BOARD
MINUTES OF OCTOBER 3, 2022, REGULAR MEETING

VI. **ITEMS SCHEDULED FOR ACTION/CONSIDERATION** *(continued)*

Hilda asked if South County has similar needs in terms of ratios, or if it's specific to north county. Ray informed Hilda that the south County has similar needs, but that they have non-regional OT programs, but that similar ratios will be observed. Hilda asked if non-regional districts could make similar requests that is being presented in the meeting. Ray indicated that because they are non-regional, they would not need to be presented to JPA. Randy asked which LEAs would be participating in funding the program. Rusty indicated that the fiscal impact is based on proportional cost based on needs. The brunt of the cost will be incurred on Santa Maria Bonita. Ray also reminded the JPA board that a year and a day notice was provided from SMBSD for the transferring back on the OT program. Lastly, Randy asked if it would be possible to receive an overview of regional programs as to how it all fits together. Ray indicated that a presentation would certainly be able to be provided to the board. The Board was satisfied; there were no further questions or comments.

B. **SBCSELPA Wrap-Around Services Team (WRAP) Facilitator and Youth Support Specialist Salary Schedule Revisions**

1. SBCSELPA WRAP Current Job Postings
2. SBCSELPA WRAP Compensation Comparison
3. WRAP Salary Schedule Increase Multi-Year Projections
4. Proposed New WRAP Salary Schedules for YSS and Facilitator

Recommendation: The JPA Board approve the SBCSELPA request for the SBCSELPA WRAP salary schedule to include the revisions as presented.

Motion to Approve: Holly Edds **Second:** Hilda Maldonado

Vote: 7 – 0 The motion passed with JPA Board Members Amy Alzina, Holly Edds, Antonio Garcia, Randal Haggard, Emilio Handall, Anne Hubbard, and Hilda Maldonado voting in favor; none opposed.

Ray Avila introduced this item, reviewing the memo and attachments with the JPA Board. Ray shared with the Board that it was due to a sense of urgency that it was brought as an action item. From recent exit interviews and information, we gathered from other agencies in the area we definitely came in on the lower side in regard to salary schedules and so we are looking to just get to a competitive level with other agencies. The board was satisfied; there were no further questions or comments.

C. **Santa Barbara County Education Office (SBCEO) Request for Preschool Expansion for the 2023-2024 School Year**

1. SBCEO Request

Recommendation: The JPA Board approve the SBCEO request for Preschool Expansion in the 2023-2023 school year as presented.

Motion to Approve: Randy Haggard **Second:** Antonio Garcia

Vote: 6 – 0 The motion passed with JPA Board Members Holly Edds, Antonio Garcia, Randal Haggard, Emilio Handall, Anne Hubbard, and Hilda Maldonado voting in favor; none opposed. Amy Alzina stepped away from the meeting temporarily and was not included in this vote

SBCSELPA JPA BOARD
MINUTES OF OCTOBER 3, 2022, REGULAR MEETING

VII. **ITEMS SCHEDULED FOR ACTION/CONSIDERATION** *(continued)*

Ray Avila introduced this item and reviewed the memo and attachment in detail, sharing that SBCEO runs a large portion of our regional preschool programs, and they do an amazing job of it. He further confirmed that this item has been presented to our SEAM and SEAMBO group for approval and support prior to bringing to the JPA Board.

Kirsten Escobedo clarified that the second page of the submitted request, which indicated the increased cost per participating district accounts for the increase in working days for staff.

Anne Hubbard asked regarding the cost per student, that it seemed like a bargain that the total cost is currently roughly two thousand dollars. Kirsten explained that the cost is per student, and so the number of students serve in our 3 direct service districts, that includes Cold Spring, is relatively very small and so most of them require speech only services or preschool plus, so you could think about it like resource for a preschool students where they would have preschool special ed teacher and preschool speech therapist often that push into the child's general ed preschool setting versus attending a SDC or inclusion class that is run by SBCEO. Hilda asked about the students that receive three hours in the morning and afternoon. Kirsten Escobedo explained that the hours depend on the services that were needed. The board was satisfied; there were no further questions or comments.

D. Santa Barbara Charter School Request for Low Incidence SBCSELPA “Set Aside” Funds for the 2021-2022 Academic Year

1. Santa Barbara Charter School Request

Recommendation: The JPA Board approve Santa Barbara Charter School request for Low Incidence SBCSELPA “Set Aside” Funds for the 2021-2022 academic year as presented.

Motion to Approve: Holly Edds **Second:** Hilda Maldonado

Vote: 6 – 0 The motion passed with JPA Board Members Holly Edds, Antonio Garcia, Randal Haggard, Emilio Handall, Anne Hubbard, and Hilda Maldonado voting in favor; none opposed. Amy Alzina stepped away from the meeting temporarily and was not included in this vote

Ray Avila introduced this item and reviewed the details with the JPA Board, reminding them that this item was previously on the October 2022 agenda as an information and discussion item and the Board approved having the item now return as an action item. Anne Hubbard confirmed that this request does align with our Local Plan, as far as asking for those funds from last year. The board was satisfied; there were no questions or comments.

E. SBCEO Request for Low Incidence SBCSELPA “Set Aside” Funds for Cold Spring School District for the 2021-2022 Academic Year

1. SBCEO Request

Recommendation: The JPA Board approve SBCEO request for Low Incidence SBCSELPA “Set Aside” Funds for Cold Spring School District for the 2021-2022 academic year as presented.

SBCSELPA JPA BOARD
MINUTES OF OCTOBER 3, 2022, REGULAR MEETING

VII. **ITEMS SCHEDULED FOR ACTION/CONSIDERATION** *(continued)*

Motion to Approve: Randy Haggard **Second:** Hilda Maldonado

Vote: 7 – 0 The motion passed with JPA Board Members Amy Alzina, Holly Edds, Antonio Garcia, Randal Haggard, Emilio Handall, Anne Hubbard, and Hilda Maldonado voting in favor; none opposed.

Ray Avila introduced this item which is like the previous request and reviewed the details with the JPA Board, reminding them that this item was previously on the October 2022 agenda as an information and discussion item and the Board approved having the item now return as an action item.

Hilda Maldonado asked if there is a process in place for asking districts how future budgets are planned, taking into consideration of changes such as this one. Hilda added that there should be some anticipation of these situations arising. Ray mentioned that he and Rachel Wigle have had continuous conversations regarding the allocations of funds for purposes and situations such as this. He added that Cold Spring school is a district that typically does not receive nearly enough to best serve its student population. This is based off feedback from the business officials from Cold Spring.

Anne Hubbard asked if the funds would be from last year's Low incidence, and if moving forward, the district would not be able to make a reiterative request. Ray clarified that Cold Spring did in fact budget for those students for this year's budget and will be able to fund them. He added that new needs to arise throughout the year, and these new students would have a right to request services necessitating the LEA to access these funds. Hilda followed up with regards to how this expense is taken into consideration for future budgeting. Anne asked for clarification if this was specific to SELPA, or for LEAs to increase and budget for increase Low Incidence requisites. Hilda replied that both should budget for this particularity. Amy provided additional information and clarification as to how planning for a small district serves difficulty when the inherent service need manifests the funding whether the student population is great or small. The board was satisfied; there were no further questions or comments.

F. **Resolution 22-23-09 Recognizing a State of Emergency and Authorizing Teleconferenced Meetings for Regular Board Meeting on November 7, 2022**

1. Resolution 22-23-09

Recommendation: The JPA Board approve Resolution 22-23-09 Authorizing the November 7, 2022 JPA Board Regular Meeting to be held virtually as presented.

Motion to Approve: Holly Edds **Second:** Amy Alzina

Vote: 7 – 0 The motion passed with JPA Board Members Amy Alzina, Holly Edds, Antonio Garcia, Randal Haggard, Emilio Handall, Anne Hubbard, and Hilda Maldonado voting in favor; none opposed.

Ray Avila introduced and reviewed this item. Hilda asked if we are really in a state of emergency. She also asked as to whether the new rules of the Brown Act do not require JPA to make official movements, and notifications to the public as to the mode of the meeting, (via zoom). Ray indicated that he would check whether it is required that SELPA provides the manner of meeting to the public first for approval. The board was satisfied; there were no further questions or comments.

SBCSELPA JPA BOARD
MINUTES OF OCTOBER 3, 2022, REGULAR MEETING

VII. ITEMS FOR INFORMATION AND DISCUSSION

A. Approval of Fiscal Year 2022-23 Adopted Budget & Adopted Budget Analysis and Recommendation

The Board was satisfied; there were no questions or comments.

B. Resignation Notification from Graciela Vega, SBCSELPA WRAP Facilitator

1. Resignation Letter

The Board was satisfied; there were no questions or comments.

C. SBCSELPA Professional Development

1. September 2022 Professional Development Offerings Booklet (Updated September 2022)

The Board was satisfied; there were no questions or comments.

D. LEA/District Costs Associated with Due Process SBCSELPA Year-to-Date Account Balances

The Board was satisfied; there were no questions or comments.

E. SBCSELPA Legal Fees Year-to-Date Reserve

The Board was satisfied; there were no questions or comments.

F. Nonpublic School (NPS) Year-to-Date Placement Expenditures

The Board was satisfied; there were no questions or comments.

VIII. MISCELLANEOUS AGENDA ITEMS

A. Items Proposed for Future Action or Discussion

Hilda reiterated the concern regarding budgeting for the increase of Low Incidence related provisions. Anne asked to add that to the discussion for the November meeting.

Hilda Maldonado & Anne Hubbard proposed to have the SBCSELPA, specifically Jennifer Connolly, prepare a training/induction for new SPED paraprofessionals, with so many new paras and people leaving it would like an induction program for the new person. There were no additional other requests for future agenda items.

Next Scheduled JPA Board Meeting:

Date: November 7, 2022

Time: 12:00 p.m.

Location: Via Zoom due to COVID-19 & AB 361

IX. PUBLIC COMMENT PERIOD REGARDING CLOSED SESSION ITEM

There were no public comments.

X. CLOSED SESSION: The JPA Board adjourned to Closed Session at 1:02 p.m.

A. Confidential Nonpublic School (NPS) Student Updates

XI. RECONVENE TO PUBLIC SESSION: Anne Hubbard called the meeting back into Public Session at 1:11 p.m. The Board took no action.

SBCSELPA JPA BOARD
MINUTES OF OCTOBER 3, 2022, REGULAR MEETING

XII. **ADJOURNMENT**

The meeting was adjourned at 1:11 p.m.

Anne Hubbard

Anne Hubbard (Nov 7, 2022 13:45 PST)

Anne Hubbard, Chairperson
Santa Barbara County SELPA

11/07/2022

Date

Ray Avila

Ray Avila (Nov 7, 2022 13:54 PST)

Ray Avila, Secretary
Santa Barbara County SELPA

11/07/2022

Date











October 3 2022 SBCSELPA JPA Board Regular Meeting Minutes - Approved 11-7-2022

Final Audit Report

2022-11-07

Created:	2022-11-07
By:	Brian Helt (bhelt@sbcsepa.org)
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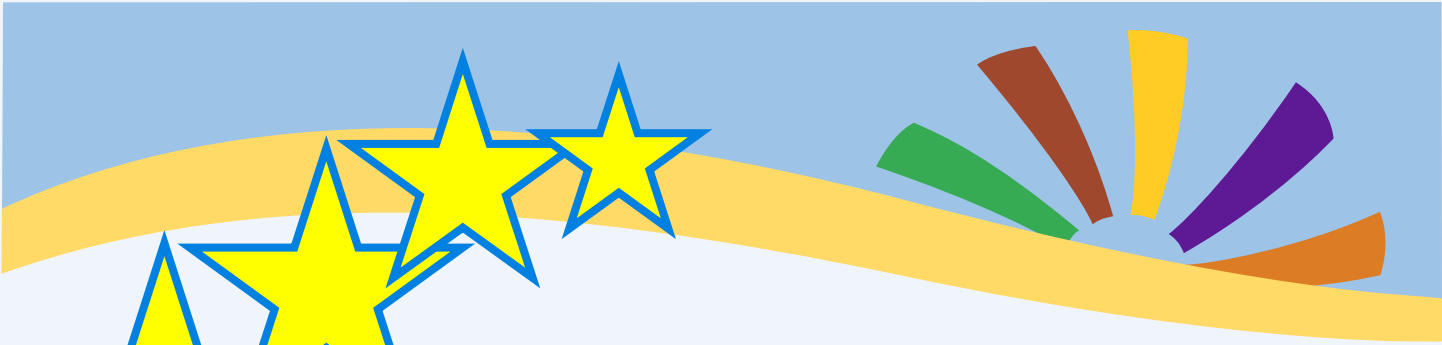
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-  Document created by Brian Helt (bhelt@sbcsepa.org)
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-  Signer ravila@sbcsepa.org entered name at signing as Ray Avila
2022-11-07 - 9:54:23 PM GMT- IP address: 206.83.1.2
-  Document e-signed by Ray Avila (ravila@sbcsepa.org)
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Shana Barbara Cooney
Special Education Local Plan Area
of the Kern County

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Santa Barbara County SELPA-bration



Honoring Exceptional

Educational Staff and Agencies

Supporting Special Education Students and Families

in Santa Barbara County

May 11, 2023, 5:00-8:00 p.m.

In Person

At the Glen Annie Golf Course

Frog Bar and Grill



Self-Care Reconsidered

Alison Lindsey, LMFT, PPS
Mental Health Manager
Santa Barbara County SELPA





♥ **Whoa!**

Let's first talk about what self-care
IS NOT.





What we've been told self-care is:

- Lighting a candle
- Taking more baths
- Getting a manicure
- Doing more yoga
- A lack of organization/planning
- Our fault if we're not doing all of the things

Doing more is *not* the antidote to burnout and suffering.





Self-Care + Industry

By 2026, the self-care industry had an estimated value of \$13 billion. When overlaid with technology, that number grows to \$450 billion. And as self-care and ritual has become synonymous with wellness, the number grows to \$1.5 trillion. That's astronomical growth.



The slide features a stylized illustration on the left. A woman in a yellow shirt and black pants stands on a set of blue stairs, reaching up to touch a purple plant. Above her, another woman with dark skin and long black hair is shown in profile, wearing a pink shirt. Her head is filled with a white scribble, and several purple and yellow plants are growing out of it. The background is white with blue wavy shapes, yellow leaves, and small decorative icons like stars and hearts.

The Myth

Performance and resilience in our personal and professional lives have long been misunderstood as “pushing ourselves harder” or “doing more” at the expense of our wellbeing.

The Reality

Wellbeing is the foundation for a high-performance culture, where people belong and work better, together. We need to reclaim our emotional and mental health so we can thrive through challenges instead of burning out *and* we don't do this by buying more stuff.



Reframing SelfCare

A retreat or something fluffy

A side hustle we do after work to recover

Something we do when we have time

Something we do alone.

A list of perfect habits to do

Focus and commitment to showing up as our best selves without burning out

How we work better so we don't need to recover

Giving us back time because we spend it better

The key to building a better a better and happier culture

A mindset that helps us better navigate stress

How to reclaim agency of our own mental health



Self-Communication

Transforming our inner critic into our inner coach so that we can think, engage and act on purpose, and with care.

Self-Responsibility

Taking personal responsibility for our needs and behaviors, and how they support us in cultivating our own wellness. ✨

Self-Awareness

Understanding what's driving our emotional and mental patterns, and how this affects our actions, interactions and our habits.

Self-Expression

Feeling empowered by asking for what we need in a productive and constructive way.



“Self-care is the foundation
for how we think, engage,
and act, better.”

—Jeanette Bronée



Book Recommendations

87

- “The Self-Care Mindset: Rethinking How We Change and Grow, Harness Well-being, and Regain Work-Life Quality” – Jeanette Bronee
- “Burnout, the Secret to Unlocking the Stress Cycle” – Emily & Amelia Nagoski
- “Set Boundaries, Find Peace: A Guide to Reclaiming Yourself” – Nedra Glover Tawwab
- “The Lightmakers Manifesto: How to Work for Change Without Losing Your Joy” – Karen Walrond
- “Immunity to Change” – Lisa Laskow Lahey & Robert Kegan
- “Permission to Feel” – Dr. Marc Brackett
- “Atlas of the Heart: Mapping Meaningful Connection and the Language of Human Experience” – Brenè Brown





Thanks

Do you have any questions?
alindsey@sbcsepa.org
(805) 683-1424

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