

REFRAMING OUR LANGUAGE
Not Following Directions: Preschool

Small language shifts that keep connection first

INSTEAD OF SAYING...	TRY SAYING...
<i>"How many times do I have to tell you?"</i>	"Let's try that one more time, together."
<i>"You're not listening to me."</i>	"I need your eyes and ears — look at me."
<i>"I already told you what to do!"</i>	"Let's do the first part together, right now."
<i>"Why can't you just listen?"</i>	"That's a lot to remember. Let's do just one step."
<i>"Stop ignoring me!"</i>	"I'm going to come close so it's easy to hear."
<i>"Do it now."</i>	"Let's do it together — ready, set, go."
<i>"You never listen."</i>	"Let's practice listening, side by side."
<i>"I'm not saying it again."</i>	"I'll help you get started."

Brought to you by: Santa Barbara County SELPA & The GROW Framework



